

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

1
26.06.2013 - 10:00

, 50m

15

: FINA 2012

14 - 15

1.	98	"	"	34.32	654
2.	98	77		34.62	637
3.	98	,		36.21	557 I
4.	98	,	7	36.75	533 I
5.	98			36.81	530 I
6.	98			36.90	526 I
7.	98	,	" "	36.95	524 I
8.	98	,		37.02	521 I
9.	98			37.57	499 I
10.	99	,	7	39.65	424 II
11.	99	,	1143	41.78	362 II
12.	98		" "	42.42	346 III
13.	99	,	1143	42.63	341 III
14.	99			43.01	332 III
15.	99		" "	48.04	238 I

12 - 13

1.	01	,	"	36.06	564 I
2.	01			36.64	538 I
3.	01	,	64	36.87	527 I
4.	01	-	" "	37.04	520 I
5.	00			37.23	512 I
6.	00		-4	37.39	506 I
7.	00	,		37.48	502 I
8.	01		77	37.59	498 I
9.	00	"	"	38.57	461 II
10.	00		" "	39.60	426 II
11.	01			40.16	408 II
12.	00	,	778	40.76	390 II
13.	00			41.11	380 II
14.	JACQUET Djena	00	ASPTT Nantes Natation	41.97	357 II
15.		00	,	43.29	326 III
16.		01	" "	43.62	318 III
17.	HAURAY Adele	01	ASPTT Nantes Natation	43.84	314 III
18.		01		44.30	304 III
19.		00		45.68	277 III
20.	CHEVALIER Claire	00	ASPTT Nantes Natation	45.96	272 III
21.	CUNY Audrey	00	ASPTT Nantes Natation	46.86	257 III

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

1, , 50m , 12 - 13

22.	01	,	7	47.32	249	I
11						
1.	02	,	47	38.36	468	II
2.	02		" "	39.73	421	II
3.	03	,		40.81	389	II
4.	02	,	64	41.01	383	II
5.	03	" "		45.90	273	III
6.	02	,	1143	45.91	273	III
7.	02	-	" "	46.90	256	III
8.	02	-	" "	48.35	234	I
9.	02	,	778	49.21	222	I
10.	02			49.44	218	I
11.	03			50.02	211	I
12.	02			50.22	208	I
13.	02			50.54	204	I
14.	04			53.24	175	
15.	03			54.00	168	
16.	02			56.12	149	

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

2
26.06.2013 - 10:10

, 50m

15

: FINA 2012

14 - 15

1.	98					32.33	561	I
2.	98	,				32.63	546	I
3.	98		"		"	32.80	537	I
4.	99	"	"			32.92	531	I
5.	98					32.95	530	I
6.	99	,		64		33.03	526	I
7.	98		,		1	33.41	508	I
8.	99	-	,	"	"	33.80	491	II
9.	99		,			33.85	489	II
10.	98					34.55	459	II
11.	98					34.78	450	II
12.	99		,		"	35.30	431	II
13.	99			"	"	35.31	430	II
14.	99		,			35.44	426	II
15.	99	,		1143		36.10	403	II
16.	99		,			36.45	391	II
17.	99		,	1143		39.78	301	III

12 - 13

1.	00					31.84	587	I
2.	00	,				33.26	515	I
3.	01					33.57	501	II
4.	00		-4			34.65	455	II
5.	00	,				34.67	455	II
6.	00		"		"	35.76	414	II
7.	00	,		687		36.62	386	II
8.	01		-4			37.91	348	III
9.	01		,		"	38.06	344	III
10.	00		-4			39.61	305	III
11.	00	-	,	"	"	40.20	292	III
12.	00		,	"	"	40.53	284	III
13.	00					41.23	270	I
14.	01	,		"	"	41.28	269	I
15.	01	,		64		41.67	262	I
16.	01	CHIRON Hugo	ASPTT Nantes Natation			42.25	251	I
17.	00					42.35	249	I
18.	00		,			43.08	237	I
19.	01					43.39	232	I

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

2, , 50m , 12 - 13

20.	00	,	687	43.54	229	I
21.	01	,	1143	43.96	223	I
22.	00			44.76	211	I
23.	01			47.14	181	
24.	00	,	778	48.35	167	
DSQ	01					III
DSQ	01	,	687			

11

1.	02		104	37.48	360	III
2.	02		"	39.43	309	III
3.	02	,		39.46	308	III
4.	03	,	7	39.85	299	III
5.	02			42.86	240	I
6.	04	,		43.37	232	I
7.	03			44.47	215	I
8.	02			45.88	196	I
9.	03	,		47.09	181	
10.	03			47.28	179	
11.	02			47.56	176	
12.	03			48.29	168	
13.	04			50.61	146	
14.	03		"	50.67	145	
15.	04			51.42	139	
16.	02			51.62	137	
17.	04			55.21	112	
18.	03			56.27	106	
DSQ	02	,	778			I
DSQ	04					

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

3, , 100m

12 - 13

1.				01	"	"	1:03.04	563	I
50m:	30.09	30.09	100m:	1:03.04	32.95				
2.				00			1:04.42	528	I
50m:	30.54	30.54	100m:	1:04.42	33.88				
3.				01	"	"	1:05.05	512	I
50m:	31.07	31.07	100m:	1:05.05	33.98				
4.				01	-	,	1:05.16	510	I
50m:	31.03	31.03	100m:	1:05.16	34.13				
5.				01			1:06.14	487	I
50m:	32.59	32.59	100m:	1:06.14	33.55				
6.				00		-4	1:07.22	464	II
50m:	32.12	32.12	100m:	1:07.22	35.10				
7.				01		-4	1:09.23	425	II
50m:	33.39	33.39	100m:	1:09.23	35.84				
8.				00		"	1:09.60	418	II
50m:	34.82	34.82	100m:	1:09.60	34.78				
9.				00	,	47	1:09.69	417	II
50m:	32.83	32.83	100m:	1:09.69	36.86				
10.				01	,	687	1:10.60	401	II
50m:	33.79	33.79	100m:	1:10.60	36.81				
11.				01	,	47	1:10.87	396	II
50m:	34.34	34.34	100m:	1:10.87	36.53				
12.				00	,	1143	1:12.09	376	II
50m:	33.59	33.59	100m:	1:12.09	38.50				
13.				01	,	"	1:12.69	367	II
50m:	35.16	35.16	100m:	1:12.69	37.53				
14.				00	,	64	1:13.10	361	II
50m:	35.05	35.05	100m:	1:13.10	38.05				
15.				01		"	1:13.70	352	II
50m:	35.57	35.57	100m:	1:13.70	38.13				
16.				00	,	778	1:14.23	345	II
50m:	34.90	34.90	100m:	1:14.23	39.33				
17.				01	,		1:15.15	332	III
50m:	35.34	35.34	100m:	1:15.15	39.81				
18. CUNY Audrey				00	ASPTT Nantes Natation		1:15.51	327	III
50m:	35.67	35.67	100m:	1:15.51	39.84				
19. CHEVALIER Claire				00	ASPTT Nantes Natation		1:15.78	324	III
50m:	35.94	35.94	100m:	1:15.78	39.84				

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

3, , 100m , 12 - 13

20.	LEBEL Alexane	00	ASPTT Nantes Natation	1:16.53	314	III
	50m: 35.30 35.30	100m: 1:16.53	41.23			
21.		00	, " "	1:17.01	309	III
	50m: 37.07 37.07	100m: 1:17.01	39.94			
22.		01		1:19.82	277	III
	50m: 36.59 36.59	100m: 1:19.82	43.23			
23.		01		1:20.99	265	III
	50m: 35.57 35.57	100m: 1:20.99	45.42			
11						
1.		02	, "	1:06.12	488	I
	50m: 31.81 31.81	100m: 1:06.12	34.31			
2.		02	" "	1:07.84	452	II
	50m: 32.53 32.53	100m: 1:07.84	35.31			
3.		02		1:08.86	432	II
	50m: 33.32 33.32	100m: 1:08.86	35.54			
4.		03	,	1:09.41	422	II
	50m: 33.06 33.06	100m: 1:09.41	36.35			
5.		02	, " "	1:11.86	380	II
	50m: 34.04 34.04	100m: 1:11.86	37.82			
6.		02	, 7	1:12.44	371	II
	50m: 35.35 35.35	100m: 1:12.44	37.09			
7.		02	- ,	1:15.48	328	III
	50m: 36.24 36.24	100m: 1:15.48	39.24			
8.		02		1:16.01	321	III
	50m: 36.34 36.34	100m: 1:16.01	39.67			
9.		03		1:16.02	321	III
	50m: 36.42 36.42	100m: 1:16.02	39.60			
10.		02		1:17.76	300	III
	50m: 36.29 36.29	100m: 1:17.76	41.47			
11.		02		1:19.54	280	III
	50m: 37.69 37.69	100m: 1:19.54	41.85			
12.		02	- , " "	1:22.02	255	III
	50m: 39.44 39.44	100m: 1:22.02	42.58			
13.		02		1:22.55	250	III
	50m: 39.57 39.57	100m: 1:22.55	42.98			
14.		03	- , " "	1:24.89	230	I
	50m: 39.58 39.58	100m: 1:24.89	45.31			

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

3,	, 100m	, 11							
15.				04				1:28.50	203 I
50m:	40.88	40.88	100m:	1:28.50	47.62				
16.				06				1:31.65	183 I
50m:	43.81	43.81	100m:	1:31.65	47.84				
17.				04				1:36.38	157
50m:	42.02	42.02	100m:	1:36.38	54.36				
18.				05				1:42.60	130
50m:	47.76	47.76	100m:	1:42.60	54.84				
19.				02				1:42.89	129
50m:	45.91	45.91	100m:	1:42.89	56.98				
20.				04				1:43.54	127
50m:	48.02	48.02	100m:	1:43.54	55.52				
21.				03				1:46.76	116
50m:	45.97	45.97	100m:	1:46.76	1:00.79				
22.				04				1:52.98	97
50m:	49.78	49.78	100m:	1:52.98	1:03.20				
DSQ				02					
EXH				97				1:04.21	533 I
50m:	30.84	30.84	100m:	1:04.21	33.37				
EXH				97				1:08.26	443 II
50m:	33.34	33.34	100m:	1:08.26	34.92				

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

4
26.06.2013 - 10:44

, 100m

15

: FINA 2012

14 - 15

1.					98	"	"			53.50	674
	50m:	26.29	26.29	100m:	53.50	27.21					
2.					98					54.17	649
	50m:	26.50	26.50	100m:	54.17	27.67					
3.					98	"	"			55.15	615
	50m:	27.16	27.16	100m:	55.15	27.99					
4.					98	"	"			55.18	614
	50m:	26.79	26.79	100m:	55.18	28.39					
5.					99	,		62		56.06	585 I
	50m:	27.29	27.29	100m:	56.06	28.77					
6.					98					56.35	576 I
	50m:	27.62	27.62	100m:	56.35	28.73					
7.					98	,	"	"		56.66	567 I
	50m:	27.49	27.49	100m:	56.66	29.17					
8.					99	,		"		57.14	553 I
	50m:	27.54	27.54	100m:	57.14	29.60					
9.					99	"	"			57.23	550 I
	50m:	28.11	28.11	100m:	57.23	29.12					
10.					99	,		7		58.34	519 I
	50m:	27.78	27.78	100m:	58.34	30.56					
11.					98	,	"	"		58.41	518 I
	50m:	28.17	28.17	100m:	58.41	30.24					
12.					99					58.47	516 I
	50m:	27.91	27.91	100m:	58.47	30.56					
13.					98	,		-1		58.72	509 I
	50m:	27.68	27.68	100m:	58.72	31.04					
14.					98	,				1:00.48	466 II
	50m:	29.14	29.14	100m:	1:00.48	31.34					
15.					99	,		687		1:01.49	443 II
	50m:	29.75	29.75	100m:	1:01.49	31.74					
16.					99	,		"		1:02.09	431 II
	50m:	29.42	29.42	100m:	1:02.09	32.67					
17.					99		"		"	1:02.14	430 II
	50m:	29.13	29.13	100m:	1:02.14	33.01					

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

4, , 100m , 14 - 15

18.	50m:	29.93	29.93	100m:	1:02.19	32.26	,	"	"	1:02.19	429	II
19.	50m:	29.62	29.62	100m:	1:02.20	32.58	,	"	"	1:02.20	428	II
20.	50m:	29.45	29.45	100m:	1:02.67	33.22				1:02.67	419	II
21.	50m:	30.16	30.16	100m:	1:03.21	33.05	,	"	"	1:03.21	408	II
22.	50m:	30.20	30.20	100m:	1:03.70	33.50				1:03.70	399	II
23.	50m:	29.79	29.79	100m:	1:03.98	34.19	,	"	"	1:03.98	394	II
24.	50m:	30.34	30.34	100m:	1:04.01	33.67				1:04.01	393	II
25.	50m:	30.39	30.39	100m:	1:04.03	33.64				1:04.03	393	II
26.	50m:	30.20	30.20	100m:	1:04.60	34.40	,			1:04.60	382	II
27.	50m:	31.59	31.59	100m:	1:05.36	33.77	"	"		1:05.36	369	II
28.	50m:	33.65	33.65	100m:	1:05.79	32.14				1:05.79	362	II
29.	50m:	32.57	32.57	100m:	1:06.05	33.48				1:06.05	358	II
30.	50m:	31.62	31.62	100m:	1:06.10	34.48	,		1143	1:06.10	357	II
31.	50m:	31.00	31.00	100m:	1:06.89	35.89	,		"	1:06.89	344	II
32.	50m:	33.19	33.19	100m:	1:08.07	34.88				1:08.07	327	III
33.	50m:	33.51	33.51	100m:	1:08.51	35.00				1:08.51	321	III
34.	50m:	33.52	33.52	100m:	1:09.01	35.49				1:09.01	314	III
35.	50m:	33.80	33.80	100m:	1:10.50	36.70	,		-1	1:10.50	294	III
36.	50m:	33.29	33.29	100m:	1:12.04	38.75				1:12.04	276	III

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

4,	, 100m			, 12 - 13				
55.				01			1:31.62	134
	50m:	42.85	42.85	100m:	1:31.62	48.77		
56.				00			1:33.94	124
	50m:	42.07	42.07	100m:	1:33.94	51.87		
DSQ				00		, " "		
11								
1.				02			1:11.13	286 III
	50m:	33.88	33.88	100m:	1:11.13	37.25		
2.				02			1:13.70	257 III
	50m:	34.45	34.45	100m:	1:13.70	39.25		
3.				03			1:15.00	244 III
	50m:	35.40	35.40	100m:	1:15.00	39.60		
4.				02	-	, " "	1:15.88	236 I
	50m:	36.05	36.05	100m:	1:15.88	39.83		
5.				03		,	1:16.83	227 I
	50m:	35.63	35.63	100m:	1:16.83	41.20		
6.				02		, 1143	1:17.79	219 I
	50m:	36.96	36.96	100m:	1:17.79	40.83		
7.				02			1:18.54	213 I
	50m:	37.17	37.17	100m:	1:18.54	41.37		
8.				03			1:18.66	212 I
	50m:	37.83	37.83	100m:	1:18.66	40.83		
9.				03			1:19.12	208 I
	50m:	38.82	38.82	100m:	1:19.12	40.30		
10.				03			1:19.42	206 I
	50m:	39.13	39.13	100m:	1:19.42	40.29		
11.				03			1:20.36	198 I
	50m:	39.24	39.24	100m:	1:20.36	41.12		
12.				02		, 778	1:20.86	195 I
	50m:	37.82	37.82	100m:	1:20.86	43.04		
13.				03			1:21.51	190 I
	50m:	37.70	37.70	100m:	1:21.51	43.81		
14.				02		, / . . .	1:21.56	190 I
	50m:	38.19	38.19	100m:	1:21.56	43.37		
15.				03		" "	1:23.15	179 I
	50m:	38.77	38.77	100m:	1:23.15	44.38		

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

5
26.06.2013 - 11:26

, 100m

15

: FINA 2012

14 - 15

1.				99		"	"	1:06.43	669
	50m:	32.85	32.85	100m:	1:06.43	33.58			
2.				99		,	64	1:08.60	608
	50m:	33.50	33.50	100m:	1:08.60	35.10			
3.				98		"	"	1:08.64	607
	50m:	34.45	34.45	100m:	1:08.64	34.19			
4.				98		"	"	1:09.84	576
	50m:	34.07	34.07	100m:	1:09.84	35.77			
5.				98			"	" 1:10.45	561
	50m:	35.17	35.17	100m:	1:10.45	35.28			
6.				99	-	,		1:10.86	551
	50m:	34.92	34.92	100m:	1:10.86	35.94			
7.				99		,	"	" 1:12.38	517 I
	50m:	35.30	35.30	100m:	1:12.38	37.08			
8.				98			"	" 1:13.16	501 I
	50m:	35.98	35.98	100m:	1:13.16	37.18			
9.				98		,	7	1:13.88	486 I
	50m:	36.33	36.33	100m:	1:13.88	37.55			
10.				98			"	" 1:14.64	472 I
	50m:	35.59	35.59	100m:	1:14.64	39.05			
11.				99	-	,	"	" 1:15.25	460 I
	50m:	36.52	36.52	100m:	1:15.25	38.73			
12.				99		,	7	1:15.57	454 I
	50m:	36.15	36.15	100m:	1:15.57	39.42			
13.				99		,	"	1:15.66	453 I
	50m:	36.05	36.05	100m:	1:15.66	39.61			
14.				99	-	,		1:17.48	422 II
	50m:	36.79	36.79	100m:	1:17.48	40.69			
15.				98				1:20.00	383 II
	50m:	39.52	39.52	100m:	1:20.00	40.48			
16.				99				1:28.29	285 III
	50m:	43.84	43.84	100m:	1:28.29	44.45			

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

5, , 100m

12 - 13

1.				00		64	1:08.99	597
50m:	33.61	33.61	100m:	1:08.99	35.38			
2.				00		"	1:10.28	565
50m:	33.86	33.86	100m:	1:10.28	36.42			
3.				00		-4	1:11.81	530 I
50m:	34.27	34.27	100m:	1:11.81	37.54			
4.				00		-1	1:13.18	500 I
50m:	34.67	34.67	100m:	1:13.18	38.51			
5.				00		" "	1:13.49	494 I
50m:	36.47	36.47	100m:	1:13.49	37.02			
6.				01		" "	1:13.53	493 I
50m:	35.52	35.52	100m:	1:13.53	38.01			
7.				01			1:13.64	491 I
50m:	36.43	36.43	100m:	1:13.64	37.21			
8.				00		"	1:14.78	469 I
50m:	36.82	36.82	100m:	1:14.78	37.96			
9.				01		1	1:16.04	446 II
50m:	36.56	36.56	100m:	1:16.04	39.48			
10.				00	-		1:16.57	437 II
50m:	38.65	38.65	100m:	1:16.57	37.92			
11.				00	-		1:16.79	433 II
50m:	37.43	37.43	100m:	1:16.79	39.36			
12.				00		7	1:17.05	429 II
50m:	37.27	37.27	100m:	1:17.05	39.78			
13.				01		" "	1:17.18	427 II
50m:	38.86	38.86	100m:	1:17.18	38.32			
14.				01	-		1:18.00	413 II
50m:	38.48	38.48	100m:	1:18.00	39.52			
15.				01		" "	1:18.30	408 II
50m:	37.95	37.95	100m:	1:18.30	40.35			
16.				01			1:18.58	404 II
50m:	38.74	38.74	100m:	1:18.58	39.84			
17.				00		" "	1:18.60	404 II
18.				00			1:18.67	403 II
50m:	39.16	39.16	100m:	1:18.67	39.51			
19.				01			1:20.40	377 II
50m:	39.85	39.85	100m:	1:20.40	40.55			

" RENA - WATER INSTINCT»
 , 26. - 28.6.2013

[illegible]

" RENA - WATER INSTINCT»
 , 26. - 28.6.2013

6

, 100m

15

26.06.2013 - 11:46

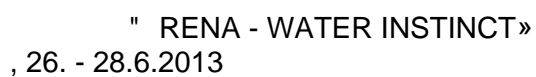
: FINA 2012

14 - 15

[illegible]

" RENA - WATER INSTINCT»
 , 26. - 28.6.2013

[illegible]



" RENA - WATER INSTINCT »
, 26. - 28.6.2013

7
26.06.2013 - 12:10

, 200m

15

: FINA 2012

14 - 15

1.				98	-						2:30.30	532	I
	50m:	34.26	34.26	100m:	1:12.22	37.96	150m:	1:50.81	38.59	200m:	2:30.30	39.49	
2.				98							2:35.55	480	I
	50m:	33.32	33.32	100m:	1:13.26	39.94	150m:	1:54.88	41.62	200m:	2:35.55	40.67	
3.				99				"	"		2:41.42	429	II
	50m:	32.73	32.73	100m:	1:14.10	41.37	150m:	1:57.45	43.35	200m:	2:41.42	43.97	
4.				99					64		2:51.79	356	II
	50m:	35.39	35.39	100m:	1:19.63	44.24	150m:	2:06.85	47.22	200m:	2:51.79	44.94	

12 - 13

1.				00				"	"		2:43.30	415	II
	50m:	34.23	34.23	100m:	1:13.59	39.36	150m:	1:56.95	43.36	200m:	2:43.30	46.35	
2.				00	-						2:44.03	409	II
	50m:	35.09	35.09	100m:	1:18.35	43.26	150m:	2:02.92	44.57	200m:	2:44.03	41.11	
3.				00	-						2:45.33	399	II
	50m:	35.99	35.99	100m:	1:18.86	42.87	150m:	2:02.20	43.34	200m:	2:45.33	43.13	
4.				00	-						2:52.75	350	II
	50m:	37.26	37.26	100m:	1:21.66	44.40	150m:	2:07.60	45.94	200m:	2:52.75	45.15	
5.				00							3:07.11	275	III
	50m:	37.10	37.10	100m:	1:25.30	48.20	150m:	2:18.51	53.21	200m:	3:07.11	48.60	
6.				01							3:08.96	267	III
	50m:	36.18	36.18	100m:	1:26.75	50.57	150m:	2:18.09	51.34	200m:	3:08.96	50.87	
7.				00				"	"		3:21.28	221	III
	50m:	43.39	43.39	100m:	1:33.14	49.75	150m:	2:27.68	54.54	200m:	3:21.28	53.60	

11

1.				02					64		3:13.20	250	III
	50m:	41.58	41.58	100m:	1:32.25	50.67	150m:	2:22.10	49.85	200m:	3:13.20	51.10	
2.				03							3:39.26	171	I
	50m:	48.29	48.29	100m:	1:44.85	56.56	150m:	2:42.50	57.65	200m:	3:39.26	56.76	

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

8
26.06.2013 - 12:18

, 200m

15

: FINA 2012

14 - 15

1.				98							2:08.21	657
	50m:	28.02	28.02	100m:	1:00.61	32.59	150m:	1:34.16	33.55	200m:	2:08.21	34.05
2.				98							2:10.00	631
	50m:	28.35	28.35	100m:	1:01.32	32.97	150m:	1:34.36	33.04	200m:	2:10.00	35.64
3.				98							2:29.97	411 II
	50m:	32.08	32.08	100m:	1:10.14	38.06	150m:	1:50.09	39.95	200m:	2:29.97	39.88
4.				98				"	"		2:38.09	350 II
	50m:	33.90	33.90	100m:	1:14.50	40.60	150m:	1:56.29	41.79	200m:	2:38.09	41.80
5.				99					64		2:51.12	276 III
	50m:	34.35	34.35	100m:	1:17.02	42.67	150m:	2:03.61	46.59	200m:	2:51.12	47.51

12 - 13

1.				01				7			2:43.67	316 III
	50m:	36.02	36.02	100m:	1:18.76	42.74	150m:	2:01.06	42.30	200m:	2:43.67	42.61
2.				00							2:47.61	294 III
	50m:	35.98	35.98	100m:	1:18.97	42.99	150m:	2:03.29	44.32	200m:	2:47.61	44.32
3.				01							2:59.84	238 III
	50m:	35.97	35.97	100m:	1:20.27	44.30	150m:	2:10.11	49.84	200m:	2:59.84	49.73

11

1.				02							2:50.87	277 III
	50m:	36.90	36.90	100m:	1:19.74	42.84	150m:	2:05.76	46.02	200m:	2:50.87	45.11
2.				04							3:07.48	210 I
	50m:	40.48	40.48	100m:	1:30.34	49.86	150m:	2:18.82	48.48	200m:	3:07.48	48.66
3.				02							3:09.48	203 I
	50m:	42.25	42.25	100m:	1:30.17	47.92	150m:	2:21.03	50.86	200m:	3:09.48	48.45
4.				02					64		3:11.01	198 I
	50m:	40.58	40.58	100m:	1:28.31	47.73	150m:	2:19.48	51.17	200m:	3:11.01	51.53
5.				03							3:15.93	184 I
	50m:	39.72	39.72	100m:	1:31.90	52.18	150m:	2:25.12	53.22	200m:	3:15.93	50.81
6.				02							3:17.36	180 I
	50m:	41.76	41.76	100m:	1:34.67	52.91	150m:	2:27.89	53.22	200m:	3:17.36	49.47
7.		-		02							3:23.38	164 I
	50m:	42.69	42.69	100m:	1:36.53	53.84	150m:	2:30.86	54.33	200m:	3:23.38	52.52

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

8, , 200m , 11

8. 02 , 7 **3:46.09** 119
50m: 46.79 46.79 100m: 1:47.10 1:00.31 150m: 2:47.69 1:00.59 200m: 3:46.09 58.40

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

9
26.06.2013 - 12:34

, 400m

15

: FINA 2012

14 - 15

1.				99							4:36.67	645
	50m:	32.24	32.24	150m:	1:42.97	35.50	250m:	2:52.81	35.17	350m:	4:02.71	34.80
	100m:	1:07.47	35.23	200m:	2:17.64	34.67	300m:	3:27.91	35.10	400m:	4:36.67	33.96
2.				99			"	"			4:39.57	625
	50m:	32.14	32.14	150m:	1:43.39	35.85	250m:	2:54.32	35.18	350m:	4:04.63	34.78
	100m:	1:07.54	35.40	200m:	2:19.14	35.75	300m:	3:29.85	35.53	400m:	4:39.57	34.94
3.				98			"	"			4:44.78	592
	50m:	32.03	32.03	150m:	1:42.39	35.78	250m:	2:55.56	36.49	350m:	4:09.65	37.30
	100m:	1:06.61	34.58	200m:	2:19.07	36.68	300m:	3:32.35	36.79	400m:	4:44.78	35.13
4.				99				"		"	4:50.51	557 I
	50m:	32.22	32.22	150m:	1:45.21	37.18	250m:	3:01.07	38.00	350m:	4:15.67	37.69
	100m:	1:08.03	35.81	200m:	2:23.07	37.86	300m:	3:37.98	36.91	400m:	4:50.51	34.84
5.				99			,	"	"		5:13.96	441 II
	50m:	34.59	34.59	150m:	1:53.32	39.84	250m:	3:14.09	40.63	350m:	4:34.86	40.21
	100m:	1:13.48	38.89	200m:	2:33.46	40.14	300m:	3:54.65	40.56	400m:	5:13.96	39.10
6.				99				"	"		5:55.32	304 III
	50m:	37.74	37.74	150m:	2:07.60	45.98	250m:	3:40.68	46.55	350m:	5:12.48	46.16
	100m:	1:21.62	43.88	200m:	2:54.13	46.53	300m:	4:26.32	45.64	400m:	5:55.32	42.84

12 - 13

1.				00						"	4:49.47	563 I
	50m:	33.35	33.35	150m:	1:47.33	37.15	250m:	3:01.23	36.53	350m:	4:14.59	36.49
	100m:	1:10.18	36.83	200m:	2:24.70	37.37	300m:	3:38.10	36.87	400m:	4:49.47	34.88
2.				00		-					5:05.39	480 I
	50m:	33.40	33.40	150m:	1:49.54	39.05	250m:	3:09.12	39.80	350m:	4:28.04	39.55
	100m:	1:10.49	37.09	200m:	2:29.32	39.78	300m:	3:48.49	39.37	400m:	5:05.39	37.35
3.				00							5:07.26	471 II
	50m:	34.42	34.42	150m:	1:50.58	39.02	250m:	3:08.81	39.56	350m:	4:28.92	40.39
	100m:	1:11.56	37.14	200m:	2:29.25	38.67	300m:	3:48.53	39.72	400m:	5:07.26	38.34
4.				00				7			5:11.81	451 II
	50m:	34.55	34.55	150m:	1:52.29	39.47	250m:	3:11.91	40.10	350m:	4:32.72	40.43
	100m:	1:12.82	38.27	200m:	2:31.81	39.52	300m:	3:52.29	40.38	400m:	5:11.81	39.09
5.				01					47		5:19.07	421 II
	50m:	35.35	35.35	150m:	1:53.87	39.77	250m:	3:15.88	41.04	350m:	4:39.35	41.97
	100m:	1:14.10	38.75	200m:	2:34.84	40.97	300m:	3:57.38	41.50	400m:	5:19.07	39.72
6.				01				"	"		5:21.14	412 II
	50m:	35.78	35.78	150m:	1:56.81	41.05	250m:	3:19.59	41.26	350m:	4:41.33	40.26
	100m:	1:15.76	39.98	200m:	2:38.33	41.52	300m:	4:01.07	41.48	400m:	5:21.14	39.81

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

9, , 400m , 12 - 13

7. 00 5:23.45 404 II
50m: 35.84 35.84 150m: 1:56.80 40.60 250m: 3:19.81 41.57 350m: 4:43.49 41.54
100m: 1:16.20 40.36 200m: 2:38.24 41.44 300m: 4:01.95 42.14 400m: 5:23.45 39.96

8. 01 5:27.33 389 II
50m: 36.54 36.54 150m: 2:00.29 42.37 250m: 3:25.59 42.65 350m: 4:48.85 41.05
100m: 1:17.92 41.38 200m: 2:42.94 42.65 300m: 4:07.80 42.21 400m: 5:27.33 38.48

9. 01 " " 5:33.83 367 II
50m: 36.15 36.15 150m: 2:00.50 42.73 250m: 3:27.20 43.36 350m: 4:53.35 42.96
100m: 1:17.77 41.62 200m: 2:43.84 43.34 300m: 4:10.39 43.19 400m: 5:33.83 40.48

11

1. 02 " 4:57.97 517 I
50m: 33.69 33.69 150m: 1:49.19 38.08 250m: 3:06.26 38.38 350m: 4:22.43 37.64
100m: 1:11.11 37.42 200m: 2:27.88 38.69 300m: 3:44.79 38.53 400m: 4:57.97 35.54

2. 02 5:36.94 357 II
50m: 35.99 35.99 150m: 1:59.97 43.10 250m: 3:26.93 43.89 350m: 4:54.91 44.19
100m: 1:16.87 40.88 200m: 2:43.04 43.07 300m: 4:10.72 43.79 400m: 5:36.94 42.03

3. 02 5:44.67 334 III
50m: 39.20 39.20 150m: 2:07.24 45.03 250m: 3:34.30 43.10 350m: 5:02.67 44.80
100m: 1:22.21 43.01 200m: 2:51.20 43.96 300m: 4:17.87 43.57 400m: 5:44.67 42.00

4. 02 5:44.73 333 III
50m: 39.26 39.26 150m: 2:06.57 44.11 250m: 3:35.35 45.23 350m: 5:03.13 44.43
100m: 1:22.46 43.20 200m: 2:50.12 43.55 300m: 4:18.70 43.35 400m: 5:44.73 41.60

5. 05 6:12.89 263 III
50m: 41.01 41.01 150m: 2:15.33 48.64 250m: 3:52.58 49.20 350m: 5:28.57 47.59
100m: 1:26.69 45.68 200m: 3:03.38 48.05 300m: 4:40.98 48.40 400m: 6:12.89 44.32

6. 02 - " " 6:27.36 235 III
50m: 44.91 44.91 150m: 2:23.84 49.69 250m: 4:05.20 50.50 350m: 5:43.89 48.76
100m: 1:34.15 49.24 200m: 3:14.70 50.86 300m: 4:55.13 49.93 400m: 6:27.36 43.47

7. 04 6:29.69 231
50m: 42.10 42.10 150m: 2:20.61 50.38 250m: 4:01.34 50.61 350m: 5:43.11 51.67
100m: 1:30.23 48.13 200m: 3:10.73 50.12 300m: 4:51.44 50.10 400m: 6:29.69 46.58

8. 04 7:04.80 178
50m: 45.01 45.01 150m: 2:35.99 55.36 250m: 4:25.01 53.10 350m: 6:14.27 53.88
100m: 1:40.63 55.62 200m: 3:31.91 55.92 300m: 5:20.39 55.38 400m: 7:04.80 50.53

EXH 97 4:55.93 527 I
50m: 33.61 33.61 150m: 1:48.67 37.88 250m: 3:04.67 37.63 350m: 4:19.87 37.50
100m: 1:10.79 37.18 200m: 2:27.04 38.37 300m: 3:42.37 37.70 400m: 4:55.93 36.06

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

10
26.06.2013 - 12:54

, 400m

15

: FINA 2012

14 - 15

1.				98						4:08.78	692	
	50m:	28.50	28.50	150m:	1:32.07	32.31	250m:	2:35.54	31.51	350m:	3:38.79	31.61
	100m:	59.76	31.26	200m:	2:04.03	31.96	300m:	3:07.18	31.64	400m:	4:08.78	29.99
2.				99				7		4:31.48	532	I
	50m:	29.33	29.33	150m:	1:36.85	34.31	250m:	2:46.95	35.16	350m:	3:57.47	35.28
	100m:	1:02.54	33.21	200m:	2:11.79	34.94	300m:	3:22.19	35.24	400m:	4:31.48	34.01
3.				99				7		4:34.26	516	I
	50m:	29.19	29.19	150m:	1:36.73	34.57	250m:	2:47.54	35.24	350m:	3:59.27	35.70
	100m:	1:02.16	32.97	200m:	2:12.30	35.57	300m:	3:23.57	36.03	400m:	4:34.26	34.99
4.				99						4:42.28	473	II
	50m:	30.46	30.46	150m:	1:42.25	36.17	250m:	2:55.83	36.98	350m:	4:07.56	35.13
	100m:	1:06.08	35.62	200m:	2:18.85	36.60	300m:	3:32.43	36.60	400m:	4:42.28	34.72
5.				99				"	"	4:42.49	472	II
	50m:	31.20	31.20	200m:	2:18.84	1:13.36	300m:	3:31.58	35.68	400m:	4:42.49	34.33
	100m:	1:05.48	34.28	250m:	2:55.90	37.06	350m:	4:08.16	36.58			
6.				99		-				4:44.12	464	II
	50m:	31.26	31.26	150m:	1:42.99	36.51	250m:	2:56.00	36.86	350m:	4:09.59	36.73
	100m:	1:06.48	35.22	200m:	2:19.14	36.15	300m:	3:32.86	36.86	400m:	4:44.12	34.53
7.				99				-1		4:45.07	460	II
	50m:	29.70	29.70	150m:	1:39.38	35.90	250m:	2:53.64	37.65	350m:	4:08.29	37.10
	100m:	1:03.48	33.78	200m:	2:15.99	36.61	300m:	3:31.19	37.55	400m:	4:45.07	36.78
8.				98				"	"	4:48.01	446	II
	50m:	31.71	31.71	150m:	1:43.97	36.86	250m:	2:59.01	37.74	350m:	4:13.00	36.72
	100m:	1:07.11	35.40	200m:	2:21.27	37.30	300m:	3:36.28	37.27	400m:	4:48.01	35.01
9.				98				"	"	4:50.84	433	II
	50m:	31.17	31.17	150m:	1:43.42	36.80	250m:	2:58.32	37.58	350m:	4:14.33	37.61
	100m:	1:06.62	35.45	200m:	2:20.74	37.32	300m:	3:36.72	38.40	400m:	4:50.84	36.51
10.				98				"	"	4:52.64	425	II
	50m:	32.33	32.33	150m:	1:47.80	37.37	250m:	3:05.36	38.27	350m:	4:19.72	37.09
	100m:	1:10.43	38.10	200m:	2:27.09	39.29	300m:	3:42.63	37.27	400m:	4:52.64	32.92
11.				99						5:10.87	354	II
	50m:	33.41	33.41	150m:	1:52.38	40.15	250m:	3:13.48	41.01	350m:	4:33.57	40.23
	100m:	1:12.23	38.82	200m:	2:32.47	40.09	300m:	3:53.34	39.86	400m:	5:10.87	37.30
12.				99						5:27.32	303	III
	50m:	36.60	36.60	150m:	1:58.92	41.57	250m:	3:23.55	42.46	350m:	4:49.13	43.04
	100m:	1:17.35	40.75	200m:	2:41.09	42.17	300m:	4:06.09	42.54	400m:	5:27.32	38.19
13.				98						5:36.13	280	III
	50m:	34.42	34.42	200m:	2:38.80	43.78	300m:	4:07.81	43.92	400m:	5:36.13	42.00
	150m:	1:55.02	1:20.60	250m:	3:23.89	45.09	350m:	4:54.13	46.32			

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

10, , 400m , 14 - 15

14. 99 5:37.71 276 III
50m: 36.55 36.55 150m: 2:00.14 43.55 250m: 3:27.68 43.84 350m: 4:55.43 43.88
100m: 1:16.59 40.04 200m: 2:43.84 43.70 300m: 4:11.55 43.87 400m: 5:37.71 42.28

12 - 13

1. 00 104 4:47.09 450 II
50m: 30.49 30.49 150m: 1:42.93 36.96 250m: 2:57.15 37.26 350m: 4:11.21 36.85
100m: 1:05.97 35.48 200m: 2:19.89 36.96 300m: 3:34.36 37.21 400m: 4:47.09 35.88

2. 01 " " 4:55.42 413 II
50m: 32.32 32.32 150m: 1:46.40 37.43 250m: 3:02.88 37.83 350m: 4:18.73 37.80
100m: 1:08.97 36.65 200m: 2:25.05 38.65 300m: 3:40.93 38.05 400m: 4:55.42 36.69

3. 00 4:56.36 409 II
50m: 30.89 30.89 150m: 1:45.49 38.32 250m: 3:02.12 38.23 350m: 4:19.21 38.41
100m: 1:07.17 36.28 200m: 2:23.89 38.40 300m: 3:40.80 38.68 400m: 4:56.36 37.15

4. 01 " " 4:59.04 398 II
50m: 33.79 33.79 150m: 1:48.24 37.91 250m: 3:05.10 38.23 350m: 4:21.66 37.42
100m: 1:10.33 36.54 200m: 2:26.87 38.63 300m: 3:44.24 39.14 400m: 4:59.04 37.38

5. 00 " " 5:00.06 394 II
50m: 32.63 32.63 150m: 1:46.48 37.59 250m: 3:04.26 38.85 350m: 4:22.26 38.87
100m: 1:08.89 36.26 200m: 2:25.41 38.93 300m: 3:43.39 39.13 400m: 5:00.06 37.80

6. 00 , 5:05.83 372 II
50m: 34.29 34.29 150m: 1:51.82 38.90 250m: 3:08.68 37.63 350m: 4:28.09 40.15
100m: 1:12.92 38.63 200m: 2:31.05 39.23 300m: 3:47.94 39.26 400m: 5:05.83 37.74

7. 01 , 5:06.02 371 II
50m: 34.50 34.50 150m: 1:51.03 38.83 250m: 3:09.46 39.12 350m: 4:28.20 39.38
100m: 1:12.20 37.70 200m: 2:30.34 39.31 300m: 3:48.82 39.36 400m: 5:06.02 37.82

8. 00 -4 5:11.98 350 II
50m: 34.76 34.76 150m: 1:53.75 39.51 250m: 3:14.00 39.76 350m: 4:32.71 38.73
100m: 1:14.24 39.48 200m: 2:34.24 40.49 300m: 3:53.98 39.98 400m: 5:11.98 39.27

9. 00 " " 5:13.56 345 II
50m: 34.36 34.36 150m: 1:53.93 40.53 250m: 3:15.29 39.85 350m: 4:36.26 39.97
100m: 1:13.40 39.04 200m: 2:35.44 41.51 300m: 3:56.29 41.00 400m: 5:13.56 37.30

10. 01 5:14.06 344 III
50m: 34.90 34.90 150m: 1:54.71 40.29 250m: 3:16.02 41.17 350m: 4:36.16 39.69
100m: 1:14.42 39.52 200m: 2:34.85 40.14 300m: 3:56.47 40.45 400m: 5:14.06 37.90

11. 00 -4 5:23.54 314 III
50m: 36.42 36.42 150m: 1:58.73 41.37 250m: 3:22.42 42.22 350m: 4:44.86 40.89
100m: 1:17.36 40.94 200m: 2:40.20 41.47 300m: 4:03.97 41.55 400m: 5:23.54 38.68

12. 00 " " 5:23.92 313 III
50m: 33.43 33.43 150m: 1:51.70 40.21 250m: 3:16.27 42.81 350m: 4:42.69 42.88
100m: 1:11.49 38.06 200m: 2:33.46 41.76 300m: 3:59.81 43.54 400m: 5:23.92 41.23

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

10, , 400m , 12 - 13

13.	01						778		5:27.12		304	III
	50m:	37.16	37.16	150m:	1:59.69	41.87	250m:	3:22.90	42.39	350m:	4:47.95	42.09
	100m:	1:17.82	40.66	200m:	2:40.51	40.82	300m:	4:05.86	42.96	400m:	5:27.12	39.17
14.	01								5:27.54		303	III
	50m:	36.48	36.48	150m:	1:59.38	42.21	250m:	3:23.53	41.75	350m:	4:46.88	41.69
	100m:	1:17.17	40.69	200m:	2:41.78	42.40	300m:	4:05.19	41.66	400m:	5:27.54	40.66
15.	01						64		5:28.58		300	III
	50m:	35.03	35.03	150m:	1:56.67	41.77	250m:	3:22.65	42.98	350m:	4:50.23	44.04
	100m:	1:14.90	39.87	200m:	2:39.67	43.00	300m:	4:06.19	43.54	400m:	5:28.58	38.35
16.	01						778		5:29.61		297	III
	50m:	35.85	35.85	150m:	1:58.99	42.55	250m:	3:23.55	43.33	350m:	4:50.22	44.03
	100m:	1:16.44	40.59	200m:	2:40.22	41.23	300m:	4:06.19	42.64	400m:	5:29.61	39.39
17.	01						" "		5:32.24		290	III
	50m:	37.47	37.47	150m:	2:02.06	42.48	250m:	3:27.74	42.65	350m:	4:51.90	41.21
	100m:	1:19.58	42.11	200m:	2:45.09	43.03	300m:	4:10.69	42.95	400m:	5:32.24	40.34
18.	01						" "		5:33.23		288	III
	50m:	38.01	38.01	150m:	2:03.68	43.65	250m:	3:29.00	42.67	350m:	4:53.43	41.70
	100m:	1:20.03	42.02	200m:	2:46.33	42.65	300m:	4:11.73	42.73	400m:	5:33.23	39.80
19.	01						" "		5:33.27		287	III
	50m:	36.55	36.55	150m:	2:00.02	42.48	250m:	3:26.06	42.76	350m:	4:53.15	43.55
	100m:	1:17.54	40.99	200m:	2:43.30	43.28	300m:	4:09.60	43.54	400m:	5:33.27	40.12
20.	00						-4		5:33.35		287	III
	50m:	36.95	36.95	150m:	1:58.67	41.59	250m:	3:25.12	43.53	350m:	4:51.23	42.58
	100m:	1:17.08	40.13	200m:	2:41.59	42.92	300m:	4:08.65	43.53	400m:	5:33.35	42.12
21.	00								5:37.20		277	III
	50m:	34.73	34.73	150m:	1:57.62	42.84	250m:	3:25.63	43.93	350m:	4:54.56	43.92
	100m:	1:14.78	40.05	200m:	2:41.70	44.08	300m:	4:10.64	45.01	400m:	5:37.20	42.64
22.	00						7		5:37.71		276	III
	50m:	36.91	36.91	150m:	2:01.79	43.35	250m:	3:28.69	43.73	350m:	4:56.39	43.66
	100m:	1:18.44	41.53	200m:	2:44.96	43.17	300m:	4:12.73	44.04	400m:	5:37.71	41.32
23.	00								5:41.74		267	III
	50m:	37.11	37.11	150m:	2:04.50	44.57	250m:	3:33.61	44.74	350m:	5:01.30	43.18
	100m:	1:19.93	42.82	200m:	2:48.87	44.37	300m:	4:18.12	44.51	400m:	5:41.74	40.44
24.	01								5:52.85		242	III
	50m:	37.74	37.74	150m:	2:09.46	46.17	250m:	3:42.04	46.51	350m:	5:14.71	45.79
	100m:	1:23.29	45.55	200m:	2:55.53	46.07	300m:	4:28.92	46.88	400m:	5:52.85	38.14
25.	00								5:56.99		234	
	50m:	35.29	35.29	150m:	2:04.81	46.54	250m:	3:38.48	47.48	350m:	5:12.21	46.12
	100m:	1:18.27	42.98	200m:	2:51.00	46.19	300m:	4:26.09	47.61	400m:	5:56.99	44.78
26.	00								5:57.08		234	
	50m:	35.79	35.79	150m:	2:03.48	45.96	250m:	3:36.92	46.48	350m:	5:12.16	47.10
	100m:	1:17.52	41.73	200m:	2:50.44	46.96	300m:	4:25.06	48.14	400m:	5:57.08	44.92

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

10, , 400m , 12 - 13

27.				00							6:01.31	225	
	50m:	38.23	38.23	150m:	2:05.52	46.14	250m:	3:42.02	48.62	350m:	5:15.22	46.29	
	100m:	1:19.38	41.15	200m:	2:53.40	47.88	300m:	4:28.93	46.91	400m:	6:01.31	46.09	
28.				00							6:03.16	222	
	50m:	39.09	39.09	150m:	2:09.93	46.78	250m:	3:43.84	47.17	350m:	5:19.08	48.54	
	100m:	1:23.15	44.06	200m:	2:56.67	46.74	300m:	4:30.54	46.70	400m:	6:03.16	44.08	
29.				00							6:04.70	219	
	50m:	38.04	38.04	150m:	2:08.68	45.63	250m:	3:42.73	46.93	350m:	5:18.45	48.12	
	100m:	1:23.05	45.01	200m:	2:55.80	47.12	300m:	4:30.33	47.60	400m:	6:04.70	46.25	
30.				00							6:16.63	199	
	50m:	39.42	39.42	150m:	2:11.36	47.22	250m:	3:47.71	47.75	350m:	5:28.06	51.10	
	100m:	1:24.14	44.72	200m:	2:59.96	48.60	300m:	4:36.96	49.25	400m:	6:16.63	48.57	
31.				00							6:20.55	193	
	50m:	39.74	39.74	150m:	2:13.53	48.10	250m:	3:51.89	49.39	350m:	5:33.02	50.33	
	100m:	1:25.43	45.69	200m:	3:02.50	48.97	300m:	4:42.69	50.80	400m:	6:20.55	47.53	
32.				01							6:25.79	185	
	50m:	41.02	41.02	150m:	2:17.25	48.98	250m:	3:57.15	50.06	350m:	5:37.38	49.62	
	100m:	1:28.27	47.25	200m:	3:07.09	49.84	300m:	4:47.76	50.61	400m:	6:25.79	48.41	
DSQ				00									
11													
1.				02			"	"			5:17.89	331	III
	50m:	35.92	35.92	150m:	1:54.68	39.88	250m:	3:15.44	40.67	350m:	4:38.11	41.36	
	100m:	1:14.80	38.88	200m:	2:34.77	40.09	300m:	3:56.75	41.31	400m:	5:17.89	39.78	
2.				02				"	"		5:32.52	289	III
	50m:	36.42	36.42	150m:	1:59.42	42.18	250m:	3:24.99	43.34	350m:	4:52.06	43.56	
	100m:	1:17.24	40.82	200m:	2:41.65	42.23	300m:	4:08.50	43.51	400m:	5:32.52	40.46	
3.				03				"	"		5:33.78	286	III
	50m:	38.64	38.64	150m:	2:05.20	43.65	250m:	3:31.15	42.99	350m:	4:55.99	41.61	
	100m:	1:21.55	42.91	200m:	2:48.16	42.96	300m:	4:14.38	43.23	400m:	5:33.78	37.79	
4.				02			,	"	"		5:34.04	285	III
	50m:	36.38	36.38	150m:	2:02.06	42.85	250m:	3:27.98	42.16	350m:	4:54.87	42.77	
	100m:	1:19.21	42.83	200m:	2:45.82	43.76	300m:	4:12.10	44.12	400m:	5:34.04	39.17	
5.				02			,				5:36.28	280	III
	50m:	36.29	36.29	150m:	2:01.39	42.95	250m:	3:28.39	44.06	350m:	4:55.44	43.45	
	100m:	1:18.44	42.15	200m:	2:44.33	42.94	300m:	4:11.99	43.60	400m:	5:36.28	40.84	
6.				04			,				5:42.28	265	III
	50m:	37.61	37.61	150m:	2:04.96	43.76	250m:	3:32.82	44.06	350m:	5:00.76	43.82	
	100m:	1:21.20	43.59	200m:	2:48.76	43.80	300m:	4:16.94	44.12	400m:	5:42.28	41.52	
7.				02							5:43.07	263	III
	50m:	39.33	39.33	150m:	2:05.78	43.34	250m:	3:33.17	43.37	350m:	5:01.36	43.30	
	100m:	1:22.44	43.11	200m:	2:49.80	44.02	300m:	4:18.06	44.89	400m:	5:43.07	41.71	

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

10,	, 400m	, 11											
8.			02									5:50.00	248 III
	50m: 39.20	39.20	150m: 2:08.38	44.23	250m: 3:38.51	45.14	350m: 5:10.55	45.79					
	100m: 1:24.15	44.95	200m: 2:53.37	44.99	300m: 4:24.76	46.25	400m: 5:50.00	39.45					
9.			03									5:52.42	243 III
	50m: 37.92	37.92	150m: 2:08.39	46.68	250m: 3:41.77	46.77	350m: 5:12.40	44.81					
	100m: 1:21.71	43.79	200m: 2:55.00	46.61	300m: 4:27.59	45.82	400m: 5:52.42	40.02					
10.			03			"						5:53.11	242 III
	50m: 37.29	37.29	150m: 2:06.58	45.50	250m: 3:38.20	46.24	350m: 5:10.06	44.32					
	100m: 1:21.08	43.79	200m: 2:51.96	45.38	300m: 4:25.74	47.54	400m: 5:53.11	43.05					
11.			03									5:55.06	238 III
	50m: 40.53	40.53	150m: 2:11.11	44.97	250m: 3:42.75	45.04	350m: 5:11.90	43.22					
	100m: 1:26.14	45.61	200m: 2:57.71	46.60	300m: 4:28.68	45.93	400m: 5:55.06	43.16					
12.			03	-		"						5:55.66	236 III
	50m: 40.53	40.53	150m: 2:12.94	47.14	250m: 3:44.44	45.39	350m: 5:15.38	45.70					
	100m: 1:25.80	45.27	200m: 2:59.05	46.11	300m: 4:29.68	45.24	400m: 5:55.66	40.28					
13.			03			"						6:01.25	226
	50m: 39.60	39.60	150m: 2:11.17	45.93	250m: 3:44.78	46.88	350m: 5:17.60	45.66					
	100m: 1:25.24	45.64	200m: 2:57.90	46.73	300m: 4:31.94	47.16	400m: 6:01.25	43.65					
14.			03									6:02.19	224
	50m: 39.66	39.66	150m: 2:12.43	47.37	250m: 3:47.74	48.51	350m: 5:20.60	46.11					
	100m: 1:25.06	45.40	200m: 2:59.23	46.80	300m: 4:34.49	46.75	400m: 6:02.19	41.59					
15.			02									6:09.27	211
	50m: 39.60	39.60	150m: 2:12.30	47.20	250m: 3:46.12	46.46	350m: 5:21.31	46.92					
	100m: 1:25.10	45.50	200m: 2:59.66	47.36	300m: 4:34.39	48.27	400m: 6:09.27	47.96					
16.			02									6:17.83	197
	50m: 41.58	41.58	150m: 2:18.58	47.95	250m: 3:56.99	50.71	350m: 5:35.26	48.59					
	100m: 1:30.63	49.05	200m: 3:06.28	47.70	300m: 4:46.67	49.68	400m: 6:17.83	42.57					
17.			02			7						6:25.70	185
	50m: 40.35	40.35	150m: 2:17.78	48.98	250m: 3:55.41	48.25	350m: 5:36.32	50.74					
	100m: 1:28.80	48.45	200m: 3:07.16	49.38	300m: 4:45.58	50.17	400m: 6:25.70	49.38					
18.			06									6:29.85	179
	50m: 43.24	43.24	150m: 2:23.48	49.31	250m: 4:04.22	50.68	350m: 5:44.08	50.00					
	100m: 1:34.17	50.93	200m: 3:13.54	50.06	300m: 4:54.08	49.86	400m: 6:29.85	45.77					
19.			02									6:53.78	150
	50m: 42.88	42.88	150m: 2:28.30	55.17	250m: 4:13.87	51.06	350m: 6:04.14	58.46					
	100m: 1:33.13	50.25	200m: 3:22.81	54.51	300m: 5:05.68	51.81	400m: 6:53.78	49.64					
DSQ			06										
EXH			90									4:08.74	692
	50m: 27.93	27.93	150m: 1:30.55	31.69	250m: 2:34.29	31.92	350m: 3:37.84	31.96					
	100m: 58.86	30.93	200m: 2:02.37	31.82	300m: 3:05.88	31.59	400m: 4:08.74	30.90					

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

11
27.06.2013 - 10:08

, 50m

15

: FINA 2012

14 - 15

1.	99	"	"	29.79	596
2.	98	"	"	30.12	576
3.	99	,	"	31.33	512 I
4.	99	,	64	32.06	478 I
5.	99	,	"	32.60	454 II
6.	99	,	7	32.87	443 II
7.	99	-	,	32.94	440 II
8.	98	,	7	33.37	424 II
9.	99	,	"	33.64	413 II
10.	99	,	1143	35.31	357 II
11.	99	,	"	35.74	345 III
12.	99	,	778	36.03	336 III
13.	98	"	"	37.09	308 III
14.	98	"	"	41.91	214 I
15.	99	"	"	42.66	202 I

12 - 13

1.	00	,	47	31.18	519 I
2.	00	,	"	32.02	479 I
3.	00	,	"	32.18	472 I
4.	01			32.42	462 I
5.	00		"	32.90	442 II
6.	01	,	1	33.12	433 II
7.	01			33.97	401 II
8.	01	,	687	33.98	401 II
9.	01	,	"	34.07	398 II
10.	00	-	,	34.17	394 II
11.	00		"	34.35	388 II
12.	01		"	34.53	382 II
13.	01			34.59	380 II
14.	00			34.61	380 II
15.	00		-4	34.79	374 II
16.	01	,		35.13	363 II
17.	00	,	1143	36.63	320 III
18.	01		"	37.04	310 III
19.	01	HAURAY Adele	ASPTT Nantes Natation	37.33	302 III
20.	00	,	64	37.62	295 III
21.	01			40.68	234 I

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

11, , 50m

11

1.	02	,	"	31.69	495	I
2.	03	,		33.37	424	II
3.	02		" "	33.47	420	II
4.	02			34.65	378	II
5.	02	,		35.33	357	II
6.	02	,	64	35.84	342	III
7.	02			36.14	333	III
8.	02	,	7	36.57	322	III
9.	02			39.76	250	I
10.	03	,		40.68	234	I
11.	03			45.02	172	
12.	02			47.07	151	
13.	05	,		50.81	120	
	04			50.81	120	
15.	03		" "	50.95	119	
DNF	02		" "			

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

12

, 50m

15

27.06.2013 - 10:18

: FINA 2012

14 - 15

1.	98	"	"	25.77	659
2.	98	"	"	25.82	655
3.	98			25.90	649
4.	98			26.09	635
5.	98	,	" "	27.63	534 I
6.	98			28.25	500 I
	99			28.25	500 I
8.	98		" "	29.08	458 II
9.	99			29.27	450 II
10.	98		" "	29.41	443 II
11.	99	,	-1	29.62	434 II
12.	98	,	" "	30.05	415 II
13.	99		"	30.50	397 II
14.	99	,		30.55	395 II
15.	99	,	64	31.86	348 III
16.	99	,	687	31.94	346 III
17.	99	,	" "	32.00	344 III
18.	99			32.09	341 III
19.	99	,		32.30	334 III
20.	98		" "	32.46	329 III
21.	98	,	" "	32.82	319 III
22.	99	,	-1	36.18	238 I
23.	99			38.90	191 I
DSQ	98	"	"		I

12 - 13

1.	00			30.14	412 II
2.	00			30.39	402 II
3.	00		" "	30.47	398 II
4.	00	-	,	30.83	385 II
5.	01	,		30.86	383 II
6.	00		" "	31.59	357 III
7.	00	,	687	31.84	349 III
8.	00	,		31.85	349 III
9.	00			32.33	333 III
10.	01	,	7	32.61	325 III
11.	00	,		32.82	319 III
12.	00			33.12	310 III

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

12, , 50m , 12 - 13

13.	00	"	"	33.41	302	III
14.	01	,	"	33.71	294	III
15.	00	,		34.02	286	III
16.	01	,	778	34.07	285	III
17.	01			34.27	280	III
18.	01	,	"	34.45	276	III
19.	01			34.72	269	III
20. CHIRON Hugo	01	ASPTT Nantes Natation		34.75	268	III
21.	01		"	34.76	268	III
22.	01	,	778	35.62	249	I
23.	01	,	687	35.68	248	I
24.	01			35.79	246	I
25.	00	,		36.56	230	I
26.	00	,	1143	36.68	228	I
27. HENRY DUROY Julien	00	ASPTT Nantes Natation		38.27	201	I
28. BENOIT Titouan	00	ASPTT Nantes Natation		38.42	198	I
29.	01	,	"	38.60	196	I
30.	00	,		40.18	173	
31.	01	,	778	40.82	165	
32.	00	,		40.98	163	
DNF	01	,	"			

11

1.	02	,	Magneto Sport&Spa	33.42	302	III
2.	02			33.57	298	III
3.	02			35.33	255	I
4.	03	,		35.78	246	I
5.	04	,		36.83	225	I
6.	02	-	"	37.23	218	I
7.	03	,	"	37.30	217	I
8.	02	,	64	37.38	216	I
9.	02			37.50	213	I
10.	02	,		38.39	199	I
11.	04	,		39.23	186	I
12.	03	,	"	40.27	172	
13.	02	,		40.56	169	
14.	03			41.34	159	
15.	02			42.61	145	
16.	05			43.21	139	
17.	03		"	44.88	124	
18.	04			47.58	104	
19.	03			48.93	96	

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

12, , 50m , 11

20.	04					49.32	94
DNF	03	"	"				
DNF	03	"	"				
DNF	04						
DNF	05						

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

13
27.06.2013 - 10:34

, 100m

15

: FINA 2012

14 - 15

1.					98		77		1:14.26	653
	50m:	35.12	35.12	100m:	1:14.26	39.14				
2.					98		"		1:15.95	611
	50m:	36.21	36.21	100m:	1:15.95	39.74				
3.					98		7		1:20.11	520 I
	50m:	38.11	38.11	100m:	1:20.11	42.00	,			
4.					98				1:20.32	516 I
	50m:	38.42	38.42	100m:	1:20.32	41.90	,			
5.					98				1:21.45	495 I
	50m:	37.83	37.83	100m:	1:21.45	43.62				
6.					99		"	"	1:21.71	490 I
	50m:	38.68	38.68	100m:	1:21.71	43.03				
7.					98		"	"	1:21.88	487 I
	50m:	39.02	39.02	100m:	1:21.88	42.86	,			
8.					98				1:22.66	474 I
	50m:	39.37	39.37	100m:	1:22.66	43.29				
9.					98				1:23.45	460 I
	50m:	38.47	38.47	100m:	1:23.45	44.98	,			
10.					99		7		1:27.86	394 II
	50m:	39.83	39.83	100m:	1:27.86	48.03	,			
11.					99				1:28.89	381 II
	50m:	41.10	41.10	100m:	1:28.89	47.79				
12.					99		1143		1:36.44	298 III
	50m:	44.49	44.49	100m:	1:36.44	51.95	,			
13.					98		"	"	1:37.50	288 III
	50m:	44.81	44.81	100m:	1:37.50	52.69				
14.					99		"	"	1:38.36	281 III
	50m:	44.69	44.69	100m:	1:38.36	53.67	,			

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

13, , 100m

11

1.	50m:	39.00	39.00	100m:	02	45.16	"	"	1:24.16	449	I
2.	50m:	41.78	41.78	100m:	02	47.88	,	64	1:29.66	371	II
3.	50m:	40.94	40.94	100m:	02	49.09	,	47	1:30.03	366	II
4.	50m:	47.00	47.00	100m:	03	53.28	"	"	1:40.28	265	III
5.	50m:	49.82	49.82	100m:	02	52.66	-	,	"	"	1:42.48 248 III
6.	50m:	47.58	47.58	100m:	02	55.62	-	,	"	"	1:43.20 243 III
7.	50m:	47.55	47.55	100m:	03	55.73			1:43.28	243	III
8.	50m:	47.22	47.22	100m:	02	56.74	,	1143	1:43.96	238	III
9.	50m:	50.28	50.28	100m:	02	55.40	,	778	1:45.68	226	III
10.	50m:	49.92	49.92	100m:	02	56.73			1:46.65	220	I
11.	50m:	49.96	49.96	100m:	02	57.11			1:47.07	218	I
12.	50m:	51.15	51.15	100m:	03	1:03.56			1:54.71	177	I
13.	50m:	54.45	54.45	100m:	04	1:02.75			1:57.20	166	I
14.	50m:	56.87	56.87	100m:	03	1:05.98			2:02.85	144	I
15.	50m:	56.92	56.92	100m:	02	1:06.55			2:03.47	142	I
EXH	50m:	42.62	42.62	100m:	97	49.13			1:31.75	346	II

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

14
27.06.2013 - 10:50

, 100m

15

: FINA 2012

14 - 15

1.					98			23	1:11.62	547	I
	50m:	33.17	33.17	100m:	1:11.62	38.45					
2.					98				1:11.84	542	I
	50m:	33.49	33.49	100m:	1:11.84	38.35					
3.					98				1:11.88	541	I
	50m:	33.75	33.75	100m:	1:11.88	38.13					
4.					99	-		" "	1:12.66	524	I
	50m:	33.73	33.73	100m:	1:12.66	38.93					
5.					99				1:12.95	517	I
	50m:	34.30	34.30	100m:	1:12.95	38.65					
6.					99		" "		1:13.15	513	I
	50m:	34.00	34.00	100m:	1:13.15	39.15					
7.					99			64	1:14.37	488	I
	50m:	33.95	33.95	100m:	1:14.37	40.42					
8.					98		" "		1:14.46	486	I
	50m:	34.54	34.54	100m:	1:14.46	39.92					
9.					98			1	1:15.04	475	II
	50m:	35.21	35.21	100m:	1:15.04	39.83					
10.					98				1:15.20	472	II
	50m:	35.26	35.26	100m:	1:15.20	39.94					
11.					99		" "		1:17.62	429	II
	50m:	35.77	35.77	100m:	1:17.62	41.85					
12.					98				1:19.00	407	II
	50m:	36.18	36.18	100m:	1:19.00	42.82					
13.					99				1:19.15	405	II
	50m:	35.37	35.37	100m:	1:19.15	43.78					
14.					98				1:20.80	381	II
	50m:	37.16	37.16	100m:	1:20.80	43.64					
15.					99			1143	1:27.88	296	III
	50m:	42.00	42.00	100m:	1:27.88	45.88					
16.					98				1:28.66	288	III
	50m:	40.08	40.08	100m:	1:28.66	48.58					
17.					99				1:29.94	276	III
	50m:	42.42	42.42	100m:	1:29.94	47.52					

" RENA - WATER INSTINCT»
 , 26. - 28.6.2013

	14,	, 100m	, 12 - 13									
20.				00								
	50m:	45.41	45.41	100m:	1:36.93	51.52	,				1:36.93	220 I
21.				01				1143			1:37.49	216 I
	50m:	46.06	46.06	100m:	1:37.49	51.43	,					
22.				00							1:42.73	185 I
	50m:	47.92	47.92	100m:	1:42.73	54.81	,					
23.				01							1:44.44	176 I
	50m:	50.82	50.82	100m:	1:44.44	53.62						
11												
1.				02				104			1:21.93	365 II
	50m:	39.32	39.32	100m:	1:21.93	42.61						
2.				02				" "			1:25.04	326 III
	50m:	39.02	39.02	100m:	1:25.04	46.02						
3.				03			,	7			1:27.58	299 III
	50m:	40.65	40.65	100m:	1:27.58	46.93						
4.				02			,				1:28.83	286 III
	50m:	41.56	41.56	100m:	1:28.83	47.27						
5.				04				,			1:35.54	230 I
	50m:	46.52	46.52	100m:	1:35.54	49.02						
6.				02							1:36.25	225 I
	50m:	45.81	45.81	100m:	1:36.25	50.44						
7.				02							1:38.91	207 I
	50m:	45.08	45.08	100m:	1:38.91	53.83						
8.				02			,	778			1:39.22	205 I
	50m:	45.89	45.89	100m:	1:39.22	53.33						
9.				03			,				1:44.00	178 I
	50m:	50.43	50.43	100m:	1:44.00	53.57						
10.				02			,				1:45.28	172 I
	50m:	44.45	44.45	100m:	1:45.28	1:00.83						
11.	-			02							1:45.40	171 I
	50m:	49.56	49.56	100m:	1:45.40	55.84						
12.				03							1:48.74	156
	50m:	49.84	49.84	100m:	1:48.74	58.90						
13.				03							1:50.37	149
	50m:	51.61	51.61	100m:	1:50.37	58.76						
14.				02							1:51.80	143
	50m:	52.25	52.25	100m:	1:51.80	59.55						

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

15
27.06.2013 - 11:14

, 200m

15

: FINA 2012

14 - 15

1.				99		"	"			2:10.74	645
	50m:	30.44	30.44	100m:	1:03.69	33.25	150m:	1:36.89	33.20	200m:	2:10.74 33.85
2.				99						2:14.03	598
	50m:	30.21	30.21	100m:	1:03.75	33.54	150m:	1:39.17	35.42	200m:	2:14.03 34.86
3.				98		"	"			2:14.19	596
	50m:	31.24	31.24	100m:	1:04.96	33.72	150m:	1:40.14	35.18	200m:	2:14.19 34.05
4.				99			"			2:17.16	558 I
	50m:	31.41	31.41	100m:	1:05.35	33.94	150m:	1:41.23	35.88	200m:	2:17.16 35.93
5.				99			"			2:20.43	520 I
	50m:	32.68	32.68	100m:	1:08.81	36.13	150m:	1:45.43	36.62	200m:	2:20.43 35.00
6.				99						2:20.76	517 I
	50m:	31.86	31.86	100m:	1:07.36	35.50	150m:	1:44.26	36.90	200m:	2:20.76 36.50
7.				99		"	"			2:22.14	502 I
	50m:	31.88	31.88	100m:	1:08.00	36.12	150m:	1:45.47	37.47	200m:	2:22.14 36.67
8.				99		-	"	"		2:24.79	475 I
	50m:	34.16	34.16	100m:	1:10.39	36.23	150m:	1:47.55	37.16	200m:	2:24.79 37.24
9.				98		"	"			2:24.94	473 I
	50m:	32.98	32.98	100m:	1:09.73	36.75	150m:	1:47.45	37.72	200m:	2:24.94 37.49
10.				99		"	"			2:25.40	469 I
	50m:	31.16	31.16	100m:	1:07.29	36.13	150m:	1:46.16	38.87	200m:	2:25.40 39.24
11.				98						2:26.77	456 II
	50m:	32.56	32.56	100m:	1:09.84	37.28	150m:	1:49.53	39.69	200m:	2:26.77 37.24
12.				99		,	"	"		2:29.95	427 II
	50m:	34.46	34.46	100m:	1:12.19	37.73	150m:	1:51.59	39.40	200m:	2:29.95 38.36
13.				99			,	"		2:32.51	406 II
	50m:	35.23	35.23	100m:	1:15.63	40.40	150m:	1:56.49	40.86	200m:	2:32.51 36.02
14.				99		,	"	"		2:33.62	397 II
	50m:	36.68	36.68	100m:	1:16.09	39.41	150m:	1:56.63	40.54	200m:	2:33.62 36.99
15.				99		,				2:45.06	320 III
	50m:	37.65	37.65	100m:	1:20.36	42.71	150m:	2:03.25	42.89	200m:	2:45.06 41.81

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

15, , 200m

12 - 13

1.				00	-						2:17.04	560	I
	50m:	32.16	32.16	100m:	1:06.80	34.64	150m:	1:41.96	35.16	200m:	2:17.04	35.08	
2.				01				"		"	2:19.41	532	I
	50m:	33.44	33.44	100m:	1:10.91	37.47	150m:	1:46.90	35.99	200m:	2:19.41	32.51	
3.				01			"	"			2:21.28	511	I
	50m:	31.94	31.94	100m:	1:08.04	36.10	150m:	1:45.72	37.68	200m:	2:21.28	35.56	
4.				01	-			"	"		2:21.71	506	I
	50m:	31.75	31.75	100m:	1:07.94	36.19	150m:	1:45.65	37.71	200m:	2:21.71	36.06	
5.				00	-						2:22.92	493	I
	50m:	32.11	32.11	100m:	1:08.40	36.29	150m:	1:46.38	37.98	200m:	2:22.92	36.54	
6.				00							2:24.30	479	I
	50m:	32.31	32.31	100m:	1:09.10	36.79	150m:	1:47.40	38.30	200m:	2:24.30	36.90	
7.				00				7			2:27.02	453	II
	50m:	33.14	33.14	100m:	1:10.74	37.60	150m:	1:49.06	38.32	200m:	2:27.02	37.96	
8.				00							2:29.28	433	II
	50m:	34.62	34.62	100m:	1:12.51	37.89	150m:	1:51.28	38.77	200m:	2:29.28	38.00	
9.				01					47		2:32.47	406	II
	50m:	35.29	35.29	100m:	1:13.36	38.07	150m:	1:53.45	40.09	200m:	2:32.47	39.02	
10.				01				"	"		2:36.18	378	II
	50m:	36.40	36.40	100m:	1:16.57	40.17	150m:	1:57.17	40.60	200m:	2:36.18	39.01	
11.				00							2:40.48	348	II
	50m:	33.83	33.83	100m:	1:14.10	40.27	150m:	1:58.33	44.23	200m:	2:40.48	42.15	
12.				00				"	"		2:45.63	317	III
	50m:	37.94	37.94	100m:	1:19.06	41.12	150m:	2:03.37	44.31	200m:	2:45.63	42.26	
13.				00				"	"		2:46.04	315	III
	50m:	37.84	37.84	100m:	1:21.04	43.20	150m:	2:05.03	43.99	200m:	2:46.04	41.01	
14.				01							2:52.79	279	III
	50m:	37.17	37.17	100m:	1:20.87	43.70	150m:	2:07.15	46.28	200m:	2:52.79	45.64	
15.				01							2:54.86	269	III
	50m:	37.29	37.29	100m:	1:22.19	44.90	150m:	2:09.48	47.29	200m:	2:54.86	45.38	

11

1.				02				"	"		2:29.32	433	II
	50m:	33.29	33.29	100m:	1:10.90	37.61	150m:	1:50.02	39.12	200m:	2:29.32	39.30	
2.				02				"	"		2:35.64	382	II
	50m:	34.84	34.84	100m:	1:14.83	39.99	150m:	1:56.64	41.81	200m:	2:35.64	39.00	
3.				02							2:37.84	366	II
	50m:	35.04	35.04	100m:	1:15.78	40.74	150m:	1:57.61	41.83	200m:	2:37.84	40.23	

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

15,	, 200m	, 11											
4.			03									2:41.08	345 II
50m:	36.72	36.72	100m:	1:18.75	42.03	150m:	2:01.40	42.65	200m:	2:41.08	39.68		
5.			02				7					2:41.33	343 II
50m:	36.55	36.55	100m:	1:17.90	41.35	150m:	2:01.89	43.99	200m:	2:41.33	39.44		
6.			02		-							2:44.87	321 III
50m:	36.21	36.21	100m:	1:17.38	41.17	150m:	2:01.26	43.88	200m:	2:44.87	43.61		
7.			02									2:49.08	298 III
50m:	36.36	36.36	100m:	1:18.39	42.03	150m:	2:05.55	47.16	200m:	2:49.08	43.53		
8.			02									2:50.32	291 III
50m:	38.36	38.36	100m:	1:21.78	43.42	150m:	2:07.65	45.87	200m:	2:50.32	42.67		
9.			02									2:57.70	257 III
50m:	37.60	37.60	100m:	1:22.86	45.26	150m:	2:10.75	47.89	200m:	2:57.70	46.95		
10.			03				" "					2:58.39	254 III
50m:	37.12	37.12	100m:	1:22.28	45.16	150m:	2:11.14	48.86	200m:	2:58.39	47.25		
11.			05									3:00.87	243 III
50m:	40.75	40.75	100m:	1:27.26	46.51	150m:	2:15.38	48.12	200m:	3:00.87	45.49		
12.			04									3:03.02	235 III
50m:	40.85	40.85	100m:	1:28.19	47.34	150m:	2:16.50	48.31	200m:	3:03.02	46.52		
13.			02		-		" "					3:07.79	217 I
50m:	42.08	42.08	100m:	1:29.73	47.65	150m:	2:19.67	49.94	200m:	3:07.79	48.12		
14.			03		-		" "					3:09.78	210 I
50m:	38.83	38.83	100m:	1:27.19	48.36	150m:	2:19.59	52.40	200m:	3:09.78	50.19		
15.			04									3:14.35	196 I
50m:	42.02	42.02	100m:	1:33.66	51.64	150m:	2:25.12	51.46	200m:	3:14.35	49.23		
16.			06									3:18.20	185 I
50m:	45.17	45.17	100m:	1:36.39	51.22	150m:	2:28.71	52.32	200m:	3:18.20	49.49		
17.			02									3:28.37	159 I
50m:	45.23	45.23	100m:	1:38.24	53.01	150m:	2:33.95	55.71	200m:	3:28.37	54.42		
18.			05									3:33.92	147
50m:	45.90	45.90	100m:	1:41.54	55.64	150m:	2:38.44	56.90	200m:	3:33.92	55.48		
19.			04									3:46.60	123
50m:	50.13	50.13	100m:	1:48.43	58.30	150m:	2:48.99	1:00.56	200m:	3:46.60	57.61		
EXH			97									2:18.19	546 I
50m:	32.32	32.32	100m:	1:07.25	34.93	150m:	1:42.87	35.62	200m:	2:18.19	35.32		

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

16
27.06.2013 - 11:40

, 200m

15

: FINA 2012

14 - 15

1.				98	"	"					1:55.08	696
	50m:	26.82	26.82	100m:	56.07	29.25	150m:	1:26.12	30.05	200m:	1:55.08	28.96
2.				98							1:56.74	667
	50m:	27.56	27.56	100m:	57.20	29.64	150m:	1:27.20	30.00	200m:	1:56.74	29.54
3.				98	"	"					2:00.44	607
	50m:	28.40	28.40	100m:	58.94	30.54	150m:	1:29.81	30.87	200m:	2:00.44	30.63
4.				99	,					"	2:03.69	560
	50m:	28.22	28.22	100m:	59.77	31.55	150m:	1:32.28	32.51	200m:	2:03.69	31.41
5.				98							2:04.22	553
	50m:	28.37	28.37	100m:	59.64	31.27	150m:	1:32.22	32.58	200m:	2:04.22	32.00
6.				99	,	62					2:04.63	548
	50m:	28.53	28.53	100m:	59.89	31.36	150m:	1:32.60	32.71	200m:	2:04.63	32.03
7.				98	,	"	"				2:05.96	531
	50m:	28.54	28.54	100m:	1:00.02	31.48	150m:	1:33.12	33.10	200m:	2:05.96	32.84
8.				98							2:06.46	524
	50m:	28.44	28.44	100m:	1:00.73	32.29	150m:	1:33.70	32.97	200m:	2:06.46	32.76
9.				99	,	7					2:07.34	513
	50m:	28.53	28.53	100m:	1:00.52	31.99	150m:	1:34.23	33.71	200m:	2:07.34	33.11
10.				99	,	7					2:08.57	499
	50m:	28.82	28.82	100m:	1:01.21	32.39	150m:	1:35.12	33.91	200m:	2:08.57	33.45
11.				98	,	-1					2:12.80	453
	50m:	30.06	30.06	100m:	1:02.89	32.83	150m:	1:37.19	34.30	200m:	2:12.80	35.61
12.				99	,	-1					2:13.47	446
	50m:	30.03	30.03	100m:	1:03.44	33.41	150m:	1:38.83	35.39	200m:	2:13.47	34.64
13.				99							2:14.14	439
	50m:	29.84	29.84	100m:	1:04.37	34.53	150m:	1:40.24	35.87	200m:	2:14.14	33.90
14.				98			"	"			2:15.75	424
	50m:	30.26	30.26	100m:	1:03.89	33.63	150m:	1:39.89	36.00	200m:	2:15.75	35.86
15.				98							2:15.95	422
	50m:	29.97	29.97	100m:	1:03.71	33.74	150m:	1:40.13	36.42	200m:	2:15.95	35.82
16.				98	,	"	"				2:15.97	422
	50m:	30.90	30.90	100m:	1:05.15	34.25	150m:	1:40.67	35.52	200m:	2:15.97	35.30
17.				99	"	"					2:16.43	417
	50m:	31.11	31.11	100m:	1:05.61	34.50	150m:	1:41.75	36.14	200m:	2:16.43	34.68

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

16, , 200m , 14 - 15

18.				98		"	"		2:16.62	416	II
	50m:	30.34	30.34	100m:	1:04.50	34.16	150m:	1:41.30	36.80	200m:	2:16.62 35.32
19.				99					2:22.23	368	II
	50m:	31.24	31.24	100m:	1:07.60	36.36	150m:	1:45.55	37.95	200m:	2:22.23 36.68
20.				99			"	"	2:23.68	357	II
	50m:	29.88	29.88	100m:	1:06.07	36.19	150m:	1:44.55	38.48	200m:	2:23.68 39.13
21.				99					2:24.03	355	II
	50m:	31.67	31.67	100m:	1:08.64	36.97	150m:	1:47.05	38.41	200m:	2:24.03 36.98
22.				99					2:26.36	338	II
	50m:	34.33	34.33	100m:	1:14.53	40.20	150m:	1:53.01	38.48	200m:	2:26.36 33.35
23.				99					2:38.38	267	III
	50m:	34.36	34.36	100m:	1:14.30	39.94	150m:	1:56.23	41.93	200m:	2:38.38 42.15
24.				98					2:45.86	232	III
	50m:	35.10	35.10	100m:	1:17.30	42.20	150m:	2:02.66	45.36	200m:	2:45.86 43.20
25.				99			-1		2:46.57	229	I
	50m:	36.10	36.10	100m:	1:19.37	43.27	150m:	2:04.28	44.91	200m:	2:46.57 42.29

12 - 13

1.				01		62			2:12.74	453	II
	50m:	30.06	30.06	100m:	1:04.32	34.26	150m:	1:39.98	35.66	200m:	2:12.74 32.76
2.				00		-	"	"	2:13.94	441	II
	50m:	30.91	30.91	100m:	1:04.73	33.82	150m:	1:39.59	34.86	200m:	2:13.94 34.35
3.				00					2:19.03	394	II
	50m:	30.99	30.99	100m:	1:05.79	34.80	150m:	1:42.59	36.80	200m:	2:19.03 36.44
4.				00		"	"		2:21.22	376	II
	50m:	31.21	31.21	100m:	1:06.25	35.04	150m:	1:43.79	37.54	200m:	2:21.22 37.43
5.				01		"	"		2:21.99	370	II
	50m:	31.85	31.85	100m:	1:08.06	36.21	150m:	1:45.86	37.80	200m:	2:21.99 36.13
6.				00			"	"	2:24.17	354	II
	50m:	32.86	32.86	100m:	1:10.95	38.09	150m:	1:48.46	37.51	200m:	2:24.17 35.71
7.				01		"	"		2:25.04	347	II
	50m:	32.48	32.48	100m:	1:09.04	36.56	150m:	1:47.89	38.85	200m:	2:25.04 37.15
8.				00			64		2:25.39	345	II
	50m:	31.61	31.61	100m:	1:08.96	37.35	150m:	1:48.72	39.76	200m:	2:25.39 36.67
9.				01			64		2:25.61	343	II
	50m:	31.83	31.83	100m:	1:08.68	36.85	150m:	1:47.85	39.17	200m:	2:25.61 37.76
10.				00					2:26.02	340	II
	50m:	32.61	32.61	100m:	1:09.63	37.02	150m:	1:48.50	38.87	200m:	2:26.02 37.52

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

16, , 200m , 12 - 13

11.	50m:	33.50	33.50	100m:	1:10.67	37.17	150m:	1:48.99	38.32	200m:	2:26.57	337	II
12.	50m:	33.92	33.92	100m:	1:11.97	38.05	150m:	1:51.76	39.79	200m:	2:26.77	335	II
13.	50m:	33.00	33.00	100m:	1:11.52	38.52	150m:	1:51.12	39.60	200m:	2:28.78	322	III
14.	50m:	33.45	33.45	100m:	1:11.56	38.11	150m:	1:51.62	40.06	200m:	2:31.63	304	III
15.	50m:	34.69	34.69	100m:	1:14.09	39.40	150m:	1:54.12	40.03	200m:	2:32.64	298	III
16.	50m:	33.99	33.99	100m:	1:13.24	39.25	150m:	1:53.96	40.72	200m:	2:33.19	295	III
17.	50m:	36.19	36.19	100m:	1:17.15	40.96	150m:	1:58.03	40.88	200m:	2:36.31	277	III
18.	50m:	34.29	34.29	100m:	1:15.56	41.27	150m:	1:58.45	42.89	200m:	2:38.77	265	III
19.	50m:	35.19	35.19	100m:	1:16.01	40.82	150m:	1:58.12	42.11	200m:	2:39.23	262	III
20.	50m:	37.54	37.54	100m:	1:20.40	42.86	150m:	2:04.69	44.29	200m:	2:42.07	249	III
21.	50m:	33.98	33.98	100m:	1:14.11	40.13	150m:	1:58.89	44.78	200m:	2:43.95	240	III
22.	50m:	35.07	35.07	100m:	1:14.85	39.78	150m:	1:58.93	44.08	200m:	2:44.13	240	III
23.	50m:	35.55	35.55	100m:	1:16.29	40.74	150m:	2:01.33	45.04	200m:	2:44.50	238	III
24.	50m:	38.03	38.03	100m:	1:21.01	42.98	150m:	2:04.42	43.41	200m:	2:45.15	235	III
25.	50m:	33.95	33.95	100m:	1:14.46	40.51	150m:	2:00.41	45.95	200m:	2:45.69	233	III
26.	50m:	36.79	36.79	100m:	1:19.55	42.76	150m:	2:04.49	44.94	200m:	2:46.53	229	I
27.	50m:	38.68	38.68	100m:	1:22.82	44.14	150m:	2:09.25	46.43	200m:	2:53.38	203	I
28.	50m:	39.62	39.62	100m:	1:25.28	45.66	150m:	2:13.86	48.58	200m:	3:00.55	180	I

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

16, , 200m

11

1.	50m:	34.89	34.89	100m:	1:12.87	37.98	150m:	1:52.99	40.12	200m:	2:32.44	299	III
2.	50m:	34.20	34.20	100m:	1:13.42	39.22	150m:	1:54.63	41.21	200m:	2:35.81	280	III
3.	50m:	35.97	35.97	100m:	1:16.56	40.59	150m:	1:59.19	42.63	200m:	2:39.80	260	III
4.	50m:	36.16	36.16	100m:	1:17.58	41.42	150m:	2:01.07	43.49	200m:	2:40.24	257	III
5.	50m:	36.00	36.00	100m:	1:17.76	41.76	150m:	2:00.80	43.04	200m:	2:42.73	246	III
6.	50m:	36.19	36.19	100m:	1:19.94	43.75	150m:	2:03.99	44.05	200m:	2:43.73	241	III
7.	50m:	35.36	35.36	100m:	1:16.24	40.88	150m:	2:00.57	44.33	200m:	2:44.44	238	III
8.	50m:	37.51	37.51	100m:	1:20.10	42.59	150m:	2:03.69	43.59	200m:	2:45.04	236	III
9.	50m:	35.62	35.62	100m:	1:17.27	41.65	150m:	2:01.84	44.57	200m:	2:47.45	226	I
10.	50m:	38.25	38.25	100m:	1:21.67	43.42	150m:	2:06.45	44.78	200m:	2:49.30	218	I
11.	50m:	38.49	38.49	100m:	1:20.94	42.45	150m:	2:06.25	45.31	200m:	2:50.12	215	I
12.	50m:	39.03	39.03	100m:	1:23.48	44.45	150m:	2:08.66	45.18	200m:	2:50.37	214	I
13.	50m:	40.14	40.14	100m:	1:25.33	45.19	150m:	2:10.69	45.36	200m:	2:54.05	201	I
14.	50m:	37.89	37.89	100m:	1:24.93	47.04	150m:	2:11.58	46.65	200m:	2:55.47	196	I
15.	50m:	39.86	39.86	100m:	1:23.90	44.04	150m:	2:10.43	46.53	200m:	2:55.71	195	I
16.	50m:	40.03	40.03	150m:	2:12.75	1:32.72	200m:	2:56.89	44.14		2:56.89	191	I
17.	50m:	39.06	39.06	100m:	1:23.63	44.57	150m:	2:11.77	48.14	200m:	2:58.66	186	I
18.	50m:	41.10	41.10	100m:	1:27.39	46.29	150m:	2:15.11	47.72	200m:	2:58.82	185	I
19.	50m:	39.28	39.28	100m:	1:24.81	45.53	150m:	2:13.12	48.31	200m:	2:58.85	185	I

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

16,	, 200m	, 11											
20.			06								3:00.20	181	I
50m:	39.16	39.16	100m:	1:26.22	47.06	150m:	2:15.12	48.90	200m:	3:00.20	45.08		
21.			02								3:02.60	174	I
50m:	40.83	40.83	100m:	1:28.37	47.54	150m:	2:16.80	48.43	200m:	3:02.60	45.80		
22.			03					"	"		3:03.86	170	I
50m:	39.75	39.75	100m:	1:28.22	48.47	150m:	2:17.36	49.14	200m:	3:03.86	46.50		
23.			05								3:04.70	168	I
50m:	42.06	42.06	100m:	1:27.76	45.70	150m:	2:15.71	47.95	200m:	3:04.70	48.99		
24.			02				7				3:06.23	164	I
50m:	40.44	40.44	100m:	1:29.23	48.79	150m:	2:19.22	49.99	200m:	3:06.23	47.01		
25.			02								3:13.18	147	
50m:	41.65	41.65	100m:	1:30.93	49.28	150m:	2:22.70	51.77	200m:	3:13.18	50.48		
26.			04								3:18.59	135	
50m:	43.89	43.89	100m:	1:34.45	50.56	150m:	2:26.00	51.55	200m:	3:18.59	52.59		
27.			04								3:29.10	116	
50m:	45.96	45.96	100m:	1:40.16	54.20	150m:	2:35.94	55.78	200m:	3:29.10	53.16		
28.			04								3:38.37	101	
50m:	50.59	50.59	100m:	1:46.67	56.08	150m:	2:42.38	55.71	200m:	3:38.37	55.99		
29.			04								3:57.44	79	
50m:	52.01	52.01	100m:	1:53.10	1:01.09	150m:	2:56.42	1:03.32	200m:	3:57.44	1:01.02		
DSQ			02				/						I
EXH			90								1:53.13	732	
50m:	25.85	25.85	100m:	54.34	28.49	150m:	1:23.80	29.46	200m:	1:53.13	29.33		
EXH			97								2:21.73	372	II
50m:	29.94	29.94	100m:	1:04.97	35.03	150m:	1:42.87	37.90	200m:	2:21.73	38.86		

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

17
27.06.2013 - 12:30

, 200m

15

: FINA 2012

14 - 15

1.				99		"	"		2:24.03	650		
	50m:	34.46	34.46	100m:	1:11.54	37.08	150m:	1:47.77	36.23	200m:	2:24.03	36.26
2.				98		"	"		2:24.20	648		
	50m:	34.58	34.58	100m:	1:11.51	36.93	150m:	1:48.33	36.82	200m:	2:24.20	35.87
3.				99		,	64		2:27.02	611		
	50m:	34.31	34.31	100m:	1:10.71	36.40	150m:	1:48.82	38.11	200m:	2:27.02	38.20
4.				98		"	"		2:29.02	587		
	50m:	35.24	35.24	100m:	1:12.56	37.32	150m:	1:51.61	39.05	200m:	2:29.02	37.41
5.				98		"	"		2:30.42	571		
	50m:	35.37	35.37	100m:	1:14.25	38.88	150m:	1:52.85	38.60	200m:	2:30.42	37.57
6.				99		,	"	"	2:36.88	503 I		
	50m:	36.34	36.34	100m:	1:16.62	40.28	150m:	1:57.47	40.85	200m:	2:36.88	39.41
7.				98					2:37.56	497 I		
	50m:	37.31	37.31	100m:	1:16.86	39.55	150m:	1:57.44	40.58	200m:	2:37.56	40.12
8.				98		"	"		2:38.21	490 I		
	50m:	37.59	37.59	100m:	1:17.81	40.22	150m:	1:58.93	41.12	200m:	2:38.21	39.28
9.				98		,	7		2:42.33	454 II		
	50m:	37.87	37.87	100m:	1:18.63	40.76	150m:	2:01.03	42.40	200m:	2:42.33	41.30
10.				99		"	"		2:51.28	386 II		
	50m:	40.49	40.49	100m:	1:24.55	44.06	150m:	2:08.46	43.91	200m:	2:51.28	42.82
11.				99					3:07.03	297 III		
	50m:	43.99	43.99	100m:	1:32.49	48.50	150m:	2:22.11	49.62	200m:	3:07.03	44.92

12 - 13

1.				00		,	64		2:30.75	567		
	50m:	34.63	34.63	100m:	1:12.93	38.30	150m:	1:51.90	38.97	200m:	2:30.75	38.85
2.				01					2:35.31	518		
	50m:	37.29	37.29	100m:	1:16.48	39.19	150m:	1:56.42	39.94	200m:	2:35.31	38.89
3.				01			"	"	2:39.07	483		
	50m:	36.18	36.18	100m:	1:15.98	39.80	150m:	1:57.86	41.88	200m:	2:39.07	41.21
4.				00		,		"	2:39.14	482		
	50m:	38.39	38.39	100m:	1:19.12	40.73	150m:	2:00.62	41.50	200m:	2:39.14	38.52
5.				00			"	"	2:40.07	474		
	50m:	37.65	37.65	100m:	1:18.61	40.96	150m:	2:00.10	41.49	200m:	2:40.07	39.97

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

17,	, 200m	, 12 - 13										
6.			00			-1		2:40.80	467	I		
50m:	36.52	36.52	100m:	1:16.95	40.43	150m:	1:59.44	42.49	200m:	2:40.80	41.36	
7.			01					2:43.15	447	II		
50m:	39.39	39.39	100m:	1:20.68	41.29	150m:	2:02.45	41.77	200m:	2:43.15	40.70	
8.			00			7		2:44.29	438	II		
50m:	38.37	38.37	100m:	1:19.81	41.44	150m:	2:02.90	43.09	200m:	2:44.29	41.39	
9.			01					2:45.25	430	II		
50m:	38.55	38.55	100m:	1:21.15	42.60	150m:	2:04.68	43.53	200m:	2:45.25	40.57	
10.			01				1	2:48.28	407	II		
50m:	39.77	39.77	100m:	1:22.03	42.26	150m:	2:05.95	43.92	200m:	2:48.28	42.33	
11.			01		-			2:48.69	405	II		
50m:	39.63	39.63	100m:	1:23.16	43.53	150m:	2:07.01	43.85	200m:	2:48.69	41.68	
12.			01				47	2:54.27	367	II		
50m:	40.08	40.08	100m:	1:24.30	44.22	150m:	2:09.46	45.16	200m:	2:54.27	44.81	
13.			00				" "	2:54.42	366	II		
50m:	41.00	41.00	150m:	2:10.27	1:29.27	200m:	2:54.42	44.15				
14.			00			64		2:56.33	354	II		
50m:	40.57	40.57	100m:	1:25.04	44.47	150m:	2:11.70	46.66	200m:	2:56.33	44.63	
15. JACQUET Djena			00			ASPTT Nantes Natation		2:59.24	337	II		
50m:	41.88	41.88	100m:	1:26.64	44.76	150m:	2:13.61	46.97	200m:	2:59.24	45.63	
16. CUNY Audrey			00			ASPTT Nantes Natation		2:59.67	335	II		
50m:	42.42	42.42	100m:	1:28.04	45.62	150m:	2:15.53	47.49	200m:	2:59.67	44.14	
17. LEBEL Alexane			00			ASPTT Nantes Natation		3:03.69	313	III		
100m:	1:31.60	1:31.60	150m:	2:19.95	48.35	200m:	3:03.69	43.74				
18.			00					3:07.93	292	III		
50m:	43.14	43.14	100m:	1:30.11	46.97	150m:	2:18.78	48.67	200m:	3:07.93	49.15	
19.			00					3:08.14	291	III		
50m:	42.97	42.97	100m:	1:28.87	45.90	150m:	2:16.52	47.65	200m:	3:08.14	51.62	
20.			01					3:10.47	281	III		
50m:	45.43	45.43	100m:	1:34.24	48.81	150m:	2:24.47	50.23	200m:	3:10.47	46.00	
21.			01			1143		3:16.12	257	III		
50m:	47.31	47.31	100m:	1:36.81	49.50	150m:	2:26.83	50.02	200m:	3:16.12	49.29	
22.			01					3:20.71	240	III		
50m:	47.79	47.79	100m:	1:38.58	50.79	150m:	2:31.24	52.66	200m:	3:20.71	49.47	
23.			01					3:20.94	239	III		
50m:	48.77	48.77	100m:	1:40.88	52.11	150m:	2:33.19	52.31	200m:	3:20.94	47.75	
DSQ			00									II

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

17, , 200m

11

1.	50m:	39.40	39.40	100m:	1:22.94	43.54	150m:	2:08.09	45.15	200m:	2:51.08	388	II
2.	50m:	41.49	41.49	100m:	1:24.87	43.38	150m:	2:09.59	44.72	200m:	2:52.92	376	II
3.	50m:	42.20	42.20	100m:	1:28.07	45.87	150m:	2:14.39	46.32	200m:	2:57.02	350	II
4.	50m:	40.73	40.73	100m:	1:25.08	44.35	150m:	2:11.47	46.39	200m:	2:57.90	345	II
5.	50m:	42.94	42.94	100m:	1:27.95	45.01	150m:	2:14.26	46.31	200m:	2:58.17	343	II
6.	50m:	43.83	43.83	100m:	1:30.29	46.46	150m:	2:16.09	45.80	200m:	2:59.52	336	II
7.	50m:	42.63	42.63	100m:	1:29.15	46.52	150m:	2:15.32	46.17	200m:	2:59.79	334	II
8.	50m:	41.64	41.64	100m:	1:27.26	45.62	150m:	2:15.25	47.99	200m:	3:01.55	324	II
9.	50m:	44.15	44.15	100m:	1:31.39	47.24	150m:	2:18.74	47.35	200m:	3:01.93	322	II
10.	50m:	44.83	44.83	100m:	1:32.47	47.64	150m:	2:21.03	48.56	200m:	3:04.20	311	III
11.	50m:	43.82	43.82	100m:	1:33.09	49.27	150m:	2:24.66	51.57	200m:	3:11.66	276	III
12.	50m:	46.01	46.01	100m:	1:36.04	50.03	150m:	2:24.64	48.60	200m:	3:11.78	275	III
13.	50m:	45.48	45.48	100m:	1:35.08	49.60	150m:	2:24.81	49.73	200m:	3:12.37	273	III
14.	50m:	47.88	47.88	100m:	1:39.44	51.56	150m:	2:31.78	52.34	200m:	3:17.53	252	III
15.	100m:	3:18.60	3:18.60	200m:	3:18.71	0.11					3:18.71	247	III
16.	50m:	49.40	49.40	100m:	1:42.08	52.68	150m:	2:33.43	51.35	200m:	3:22.53	234	III
17.	50m:	45.39	45.39	100m:	1:38.16	52.77	200m:	3:26.11	1:47.95		3:26.11	222	I
18.	50m:	50.57	50.57	100m:	1:45.37	54.80	150m:	2:43.39	58.02	200m:	3:35.43	194	I

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

18
27.06.2013 - 12:56

, 200m

15

: FINA 2012

14 - 15

1.				98						2:12.88	597
	50m:	31.37	31.37	100m:	1:05.28	33.91	150m:	1:39.38	34.10	200m:	2:12.88 33.50
2.				99						2:19.27	518 I
	50m:	32.14	32.14	100m:	1:07.56	35.42	150m:	1:44.42	36.86	200m:	2:19.27 34.85
3.				99						2:19.55	515 I
	50m:	32.19	32.19	100m:	1:07.53	35.34	150m:	1:44.03	36.50	200m:	2:19.55 35.52
4.				98						2:26.77	443 II
	50m:	33.66	33.66	100m:	1:09.94	36.28	150m:	1:48.50	38.56	200m:	2:26.77 38.27
5.				99					687	2:33.77	385 II
	50m:	35.42	35.42	100m:	1:14.25	38.83	150m:	1:53.96	39.71	200m:	2:33.77 39.81
6.				99						2:43.10	323 III
	50m:	36.93	36.93	100m:	1:17.40	40.47	150m:	1:59.69	42.29	200m:	2:43.10 43.41
7.				99						2:45.65	308 III
	50m:	38.46	38.46	100m:	1:19.55	41.09	150m:	2:03.35	43.80	200m:	2:45.65 42.30
8.				99						2:49.06	290 III
	50m:	40.57	40.57	100m:	1:22.34	41.77	200m:	2:49.06	1:26.72		

12 - 13

1.				00						2:36.23	367 II
	50m:	35.58	35.58	100m:	1:14.66	39.08	150m:	1:55.61	40.95	200m:	2:36.23 40.62
2.				00					-4	2:40.02	342 II
	50m:	37.08	37.08	100m:	1:17.07	39.99	150m:	1:59.70	42.63	200m:	2:40.02 40.32
3.				00					687	2:42.64	325 II
	50m:	37.61	37.61	100m:	1:18.65	41.04	150m:	2:01.03	42.38	200m:	2:42.64 41.61
4.				00						2:42.96	323 II
	50m:	37.77	37.77	100m:	1:19.51	41.74	150m:	2:01.06	41.55	200m:	2:42.96 41.90
5.				00						2:46.14	305 III
	50m:	35.49	35.49	100m:	1:17.03	41.54	150m:	2:02.60	45.57	200m:	2:46.14 43.54
6.				00						2:46.49	303 III
	50m:	38.84	38.84	100m:	1:21.25	42.41	150m:	2:04.93	43.68	200m:	2:46.49 41.56
7.	BOUREAU Mael			00						2:49.15	289 III
	50m:	39.37	39.37	100m:	1:22.45	43.08	150m:	2:06.92	44.47	200m:	2:49.15 42.23
8.				01					47	2:49.92	285 III
	50m:	38.28	38.28	100m:	1:22.02	43.74	150m:	2:07.10	45.08	200m:	2:49.92 42.82

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

18, , 200m , 12 - 13

9.	50m:	41.06	41.06	100m:	1:22.39	41.33	150m:	2:06.51	44.12	200m:	2:50.72	281	III
											44.21		
10.	50m:	42.24	42.24	100m:	1:26.14	43.90	150m:	2:11.07	44.93	200m:	2:52.73	272	III
											41.66		
11.	50m:	41.23	41.23	100m:	1:27.21	45.98	150m:	2:13.61	46.40	200m:	2:56.36	255	III
											42.75		
12.	50m:	47.21	47.21	100m:	1:37.65	50.44	150m:	2:28.71	51.06	200m:	3:17.13	183	I
											48.42		
13.	50m:	46.33	46.33	100m:	1:39.49	53.16	150m:	2:33.48	53.99	200m:	3:23.31	166	I
											49.83		
11													
1.	50m:	36.31	36.31	100m:	1:15.78	39.47	150m:	1:55.30	39.52	200m:	2:32.75	393	II
											37.45		
2.	50m:	39.05	39.05	100m:	1:22.41	43.36	150m:	2:06.01	43.60	200m:	2:47.81	296	III
											41.80		
3.	50m:	40.43	40.43	100m:	1:24.49	44.06	150m:	2:07.97	43.48	200m:	2:49.91	285	III
											41.94		
4.	50m:	39.45	39.45	100m:	1:22.75	43.30	150m:	2:08.12	45.37	200m:	2:50.20	284	III
											42.08		
5.	50m:	41.05	41.05	100m:	1:25.22	44.17	150m:	2:10.07	44.85	200m:	2:53.17	269	III
											43.10		
6.	50m:	40.68	40.68	100m:	1:24.83	44.15	150m:	2:10.93	46.10	200m:	2:56.10	256	III
											45.17		
7.	50m:	39.22	39.22	100m:	1:25.33	46.11	150m:	2:12.68	47.35	200m:	2:57.45	250	III
											44.77		
8.	50m:	42.89	42.89	100m:	1:28.66	45.77	150m:	2:15.68	47.02	200m:	3:01.76	233	III
											46.08		
9.	50m:	42.38	42.38	100m:	1:29.04	46.66	150m:	2:17.98	48.94	200m:	3:02.72	229	III
											44.74		
10.	50m:	44.09	44.09	100m:	1:33.44	49.35	150m:	2:24.16	50.72	200m:	3:12.42	196	I
											48.26		
11.	50m:	45.53	45.53	100m:	1:35.36	49.83	150m:	2:26.04	50.68	200m:	3:12.57	196	I
											46.53		
12.	50m:	47.89	47.89	100m:	1:39.07	51.18	150m:	2:30.79	51.72	200m:	3:20.38	174	I
											49.59		
13.	50m:	48.61	48.61	100m:	1:41.94	53.33	150m:	2:39.03	57.09	200m:	3:29.34	152	I
											50.31		

18, , 200m , 11

DSQ

02

I

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

19
27.06.2013 - 13:22

, 200m

15

: FINA 2012

14 - 15

1.				99	-						2:28.08	618
	50m:	32.22	32.22	100m:	1:09.99	37.77	150m:	1:54.51	44.52	200m:	2:28.08	33.57
2.				99				64			2:29.93	595
	50m:	32.30	32.30	100m:	1:09.00	36.70	150m:	1:54.44	45.44	200m:	2:29.93	35.49
3.				98				77			2:33.02	560
	50m:	32.74	32.74	100m:	1:12.84	40.10	150m:	1:55.95	43.11	200m:	2:33.02	37.07
4.				98							2:34.62	543
	50m:	32.35	32.35	100m:	1:13.70	41.35	150m:	1:57.96	44.26	200m:	2:34.62	36.66
5.				99				"	"		2:35.12	537 I
	50m:	31.93	31.93	100m:	1:13.26	41.33	150m:	1:59.70	46.44	200m:	2:35.12	35.42
6.				98	-						2:36.96	519 I
	50m:	33.88	33.88	100m:	1:14.98	41.10	150m:	2:01.77	46.79	200m:	2:36.96	35.19
7.				99				"	"		2:38.86	500 I
	50m:	33.47	33.47	100m:	1:15.17	41.70	150m:	2:03.25	48.08	200m:	2:38.86	35.61
8.				99	-			"	"		2:39.10	498 I
	50m:	34.54	34.54	100m:	1:15.28	40.74	150m:	2:01.45	46.17	200m:	2:39.10	37.65
9.				98				"	"		2:39.45	495 I
	50m:	34.79	34.79	100m:	1:17.01	42.22	150m:	2:02.62	45.61	200m:	2:39.45	36.83
10.				99				-4			2:40.41	486 I
	50m:	33.07	33.07	100m:	1:13.53	40.46	150m:	2:02.42	48.89	200m:	2:40.41	37.99
11.				99				"	"		2:43.36	460 I
	50m:	33.73	33.73	100m:	1:16.26	42.53	150m:	2:05.00	48.74	200m:	2:43.36	38.36
12.				98							2:47.09	430 II
	50m:	38.39	38.39	100m:	1:20.27	41.88	150m:	2:09.01	48.74	200m:	2:47.09	38.08
13.				99				7			2:55.88	368 II
	50m:	40.12	40.12	100m:	1:24.48	44.36	150m:	2:14.20	49.72	200m:	2:55.88	41.68
14.				99				1143			2:56.48	365 II
	50m:	35.75	35.75	100m:	1:22.75	47.00	150m:	2:16.37	53.62	200m:	2:56.48	40.11
15.				99				778			3:00.36	342 II
	50m:	36.98	36.98	100m:	1:22.85	45.87	150m:	2:17.15	54.30	200m:	3:00.36	43.21
16.				99							3:03.89	322 II
	50m:	39.73	39.73	100m:	1:27.05	47.32	150m:	2:24.25	57.20	200m:	3:03.89	39.64
17.				99				1143			3:08.31	300 III
	50m:	44.10	44.10	100m:	1:32.26	48.16	150m:	2:24.90	52.64	200m:	3:08.31	43.41

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

19, , 200m

12 - 13

1.				00		-4				2:32.96	560
	50m:	34.61	34.61	100m:	1:14.18	39.57	150m:	1:57.18	43.00	200m:	2:32.96 35.78
2.				00		-				2:34.54	543
	50m:	33.02	33.02	100m:	1:13.95	40.93	150m:	1:58.79	44.84	200m:	2:34.54 35.75
3.				00		-				2:35.58	533 I
	50m:	34.76	34.76	100m:	1:14.84	40.08	150m:	1:59.99	45.15	200m:	2:35.58 35.59
4.				00		-4				2:37.54	513 I
	50m:	32.49	32.49	100m:	1:12.22	39.73	150m:	2:00.37	48.15	200m:	2:37.54 37.17
5.				01						2:37.82	510 I
	50m:	34.13	34.13	100m:	1:15.75	41.62	150m:	2:02.48	46.73	200m:	2:37.82 35.34
6.				00						2:41.48	476 I
	50m:	33.09	33.09	100m:	1:15.93	42.84	150m:	2:04.23	48.30	200m:	2:41.48 37.25
7.				01						2:42.89	464 I
	50m:	33.41	33.41	100m:	1:16.82	43.41	150m:	2:04.84	48.02	200m:	2:42.89 38.05
8.				00						2:43.37	460 I
	50m:	36.33	36.33	100m:	1:17.39	41.06	150m:	2:07.00	49.61	200m:	2:43.37 36.37
9.				00					64	2:44.80	448 I
	50m:	34.45	34.45	100m:	1:15.37	40.92	150m:	2:07.71	52.34	200m:	2:44.80 37.09
10.				01						2:45.43	443 I
	50m:	37.00	37.00	100m:	1:20.20	43.20	150m:	2:08.24	48.04	200m:	2:45.43 37.19
11.				01		77				2:46.55	434 II
	50m:	35.83	35.83	100m:	1:20.40	44.57	150m:	2:07.01	46.61	200m:	2:46.55 39.54
				00		-				2:46.55	434 II
	50m:	35.98	35.98	100m:	1:20.13	44.15	150m:	2:08.86	48.73	200m:	2:46.55 37.69
13.				01						2:49.60	411 II
	50m:	37.42	37.42	100m:	1:21.24	43.82	150m:	2:10.49	49.25	200m:	2:49.60 39.11
14.				00					7	2:50.94	401 II
	50m:	37.17	37.17	100m:	1:22.27	45.10	150m:	2:12.57	50.30	200m:	2:50.94 38.37
15.				01						2:52.01	394 II
	50m:	37.24	37.24	100m:	1:24.93	47.69	150m:	2:14.77	49.84	200m:	2:52.01 37.24
16.				01						2:53.36	385 II
	50m:	41.33	41.33	100m:	1:22.09	40.76	150m:	2:14.66	52.57	200m:	2:53.36 38.70
17.				01						2:54.17	379 II
	50m:	35.39	35.39	100m:	1:24.09	48.70	150m:	2:14.82	50.73	200m:	2:54.17 39.35
18.				01		-4				2:55.31	372 II
	50m:	39.93	39.93	100m:	1:24.16	44.23	150m:	2:17.24	53.08	200m:	2:55.31 38.07
19.				01						2:57.58	358 II
	50m:	36.93	36.93	100m:	1:24.86	47.93	150m:	2:19.64	54.78	200m:	2:57.58 37.94

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

19, , 200m , 12 - 13

20.				01		64		3:00.42	341	II		
	50m:	39.74	39.74	100m:	1:29.95	50.21	150m:	2:18.68	48.73	200m:	3:00.42	41.74
21.				00		1143		3:00.95	338	II		
	50m:	40.35	40.35	100m:	1:25.35	45.00	150m:	2:21.05	55.70	200m:	3:00.95	39.90
22.				00				3:02.90	328	II		
	50m:	35.88	35.88	100m:	1:23.48	47.60	150m:	2:23.87	1:00.39	200m:	3:02.90	39.03
23.				00		778		3:03.73	323	II		
	50m:	38.54	38.54	100m:	1:26.36	47.82	150m:	2:19.68	53.32	200m:	3:03.73	44.05

11

1.				02		64		2:45.16	445	I		
	50m:	36.09	36.09	100m:	1:18.47	42.38	150m:	2:07.60	49.13	200m:	2:45.16	37.56
2.				03				2:48.61	418	II		
	50m:	34.66	34.66	100m:	1:17.19	42.53	150m:	2:09.15	51.96	200m:	2:48.61	39.46
3.				02		"	"	2:50.50	405	II		
	50m:	38.13	38.13	100m:	1:22.38	44.25	150m:	2:10.07	47.69	200m:	2:50.50	40.43
4.				03				2:52.43	391	II		
	50m:	36.29	36.29	100m:	1:21.55	45.26	150m:	2:13.88	52.33	200m:	2:52.43	38.55
5.				02		"	"	2:53.45	384	II		
	50m:	40.90	40.90	100m:	1:26.20	45.30	150m:	2:17.32	51.12	200m:	2:53.45	36.13
6.				02		64		2:54.75	376	II		
	50m:	37.25	37.25	100m:	1:24.44	47.19	150m:	2:15.26	50.82	200m:	2:54.75	39.49
7.				02				3:02.88	328	II		
	50m:	41.18	41.18	100m:	1:28.29	47.11	150m:	2:23.00	54.71	200m:	3:02.88	39.88
8.				02	-	"	"	3:13.21	278	III		
	50m:	43.35	43.35	100m:	1:32.10	48.75	150m:	2:28.88	56.78	200m:	3:13.21	44.33
9.				02		1143		3:16.73	263	III		
	50m:	45.19	45.19	100m:	1:35.98	50.79	150m:	2:33.97	57.99	200m:	3:16.73	42.76
10.				03		"	"	3:17.76	259	III		
	50m:	44.15	44.15	100m:	1:30.67	46.52	150m:	2:33.49	1:02.82	200m:	3:17.76	44.27
11.				02				3:21.22	246	III		
	50m:	43.92	43.92	100m:	1:34.01	50.09	150m:	2:35.16	1:01.15	200m:	3:21.22	46.06
12.				05				3:21.35	245	III		
	50m:	48.11	48.11	100m:	1:38.04	49.93	150m:	2:39.71	1:01.67	200m:	3:21.35	41.64
13.				03				3:22.77	240	III		
	50m:	47.47	47.47	100m:	1:37.98	50.51	150m:	2:37.35	59.37	200m:	3:22.77	45.42
14.				03		"	"	3:25.62	230	III		
	50m:	44.28	44.28	100m:	1:34.35	50.07	150m:	2:36.42	1:02.07	200m:	3:25.62	49.20

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

19, , 200m , 11

15.				02		778				3:28.41	221	III
	50m:	49.41	49.41	100m:	1:43.74	54.33	150m:	2:39.26	55.52	200m:	3:28.41	49.15
16.				02		-				3:30.50	215	I
	50m:	47.45	47.45	100m:	1:41.36	53.91	150m:	2:44.38	1:03.02	200m:	3:30.50	46.12
17.				05						3:50.04	164	I
	50m:	53.19	53.19	100m:	1:51.11	57.92	150m:	2:58.69	1:07.58	200m:	3:50.04	51.35
18.				05						3:55.71	153	I
	50m:	57.09	57.09	100m:	1:53.97	56.88	150m:	3:01.23	1:07.26	200m:	3:55.71	54.48

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

20
27.06.2013 - 13:54

, 200m

15

: FINA 2012

14 - 15

1.				98						2:11.03	658
	50m:	26.92	26.92	100m:	59.55	32.63	150m:	1:39.74	40.19	200m:	2:11.03 31.29
2.				98						2:11.44	652
	50m:	27.40	27.40	100m:	1:00.98	33.58	150m:	1:40.80	39.82	200m:	2:11.44 30.64
3.				98						2:14.57	607
	50m:	27.75	27.75	100m:	1:02.22	34.47	150m:	1:44.31	42.09	200m:	2:14.57 30.26
4.				98			"	"		2:14.78	605
	50m:	27.64	27.64	100m:	1:01.36	33.72	150m:	1:43.71	42.35	200m:	2:14.78 31.07
5.				98			"	"		2:18.58	556
	50m:	28.06	28.06	100m:	1:03.67	35.61	150m:	1:44.44	40.77	200m:	2:18.58 34.14
6.				98			,	"	"	2:19.72	543 I
	50m:	29.65	29.65	100m:	1:05.54	35.89	150m:	1:45.83	40.29	200m:	2:19.72 33.89
7.				99		-	,			2:26.07	475 I
	50m:	30.56	30.56	100m:	1:08.44	37.88	150m:	1:51.55	43.11	200m:	2:26.07 34.52
8.				99						2:27.12	465 I
	50m:	30.33	30.33	100m:	1:09.22	38.89	150m:	1:54.02	44.80	200m:	2:27.12 33.10
9.				99			,	7		2:27.50	461 I
	50m:	31.37	31.37	100m:	1:11.10	39.73	150m:	1:54.19	43.09	200m:	2:27.50 33.31
10.				98			,			2:28.64	451 I
	50m:	32.57	32.57	100m:	1:14.01	41.44	150m:	1:54.28	40.27	200m:	2:28.64 34.36
11.				98			,		23	2:28.93	448 I
	50m:	31.82	31.82	100m:	1:15.09	43.27	150m:	1:55.81	40.72	200m:	2:28.93 33.12
12.				98			"	"		2:29.12	446 II
	50m:	29.94	29.94	100m:	1:08.04	38.10	150m:	1:52.89	44.85	200m:	2:29.12 36.23
13.				98						2:30.49	434 II
	50m:	30.74	30.74	100m:	1:10.28	39.54	150m:	1:52.68	42.40	200m:	2:30.49 37.81
14.				99				"		2:31.15	429 II
	50m:	31.06	31.06	100m:	1:09.20	38.14	150m:	1:56.26	47.06	200m:	2:31.15 34.89
15.				98				"	"	2:31.57	425 II
	50m:	30.44	30.44	100m:	1:11.49	41.05	150m:	1:55.43	43.94	200m:	2:31.57 36.14
16.				99			,		64	2:34.32	403 II
	50m:	29.75	29.75	100m:	1:13.68	43.93	150m:	1:56.88	43.20	200m:	2:34.32 37.44
17.				99			,		64	2:34.85	399 II
	50m:	32.36	32.36	100m:	1:13.95	41.59	150m:	1:58.90	44.95	200m:	2:34.85 35.95

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

20, , 200m , 14 - 15

18.	50m:	31.03	31.03	100m:	1:10.03	39.00	150m:	1:57.01	46.98	200m:	2:35.22	396	II
19.	50m:	33.28	33.28	100m:	1:15.03	41.75	150m:	1:59.29	44.26	200m:	2:36.33	387	II
20.	50m:	31.92	31.92	100m:	1:14.30	42.38	150m:	2:00.83	46.53	200m:	2:39.28	366	II
21.	50m:	35.24	35.24	100m:	1:18.16	42.92	150m:	2:06.14	47.98	200m:	2:43.80	337	II
22.	50m:	33.69	33.69	100m:	1:15.80	42.11	150m:	2:07.81	52.01	200m:	2:45.05	329	II
23.	50m:	35.81	35.81	100m:	1:18.91	43.10	150m:	2:06.33	47.42	200m:	2:45.66	325	II
24.	50m:	34.57	34.57	100m:	1:17.00	42.43	150m:	2:10.40	53.40	200m:	2:48.88	307	III
25.	50m:	37.92	37.92	100m:	1:26.25	48.33	150m:	2:16.27	50.02	200m:	2:54.96	276	III
26.	50m:	37.89	37.89	100m:	1:23.25	45.36	150m:	2:15.33	52.08	200m:	2:56.67	268	III
27.	50m:	41.07	41.07	100m:	1:29.36	48.29	150m:	2:19.39	50.03	200m:	3:00.90	250	III
28.	50m:	40.58	40.58	150m:	2:37.43	1:56.85	200m:	3:25.96	48.53		3:25.96	169	I
DSQ				99			,	"	"				II
12 - 13													
1.	50m:	32.74	32.74	100m:	1:14.14	41.40	150m:	1:52.06	37.92	200m:	2:26.89	467	I
2.	50m:	32.78	32.78	100m:	1:12.58	39.80	150m:	1:56.15	43.57	200m:	2:30.21	437	II
3.	50m:	31.81	31.81	100m:	1:09.75	37.94	150m:	1:56.98	47.23	200m:	2:32.37	418	II
4.	50m:	31.86	31.86	100m:	1:14.20	42.34	150m:	2:02.34	48.14	200m:	2:38.97	368	II
5.	50m:	33.94	33.94	100m:	1:17.65	43.71	150m:	2:05.34	47.69	200m:	2:40.79	356	II
6.	50m:	34.18	34.18	100m:	1:16.08	41.90	150m:	2:03.67	47.59	200m:	2:41.83	349	II

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

20, , 200m , 12 - 13

7.				00	-4					2:42.82	343	II
	100m:	1:18.99	1:18.99	150m:	2:07.26	48.27	200m:	2:42.82	35.56			
8.				00						2:42.94	342	II
	50m:	33.64	33.64	100m:	1:16.26	42.62	150m:	2:08.04	51.78	200m:	2:42.94	34.90
9.				00					64	2:43.16	341	II
	50m:	34.46	34.46	100m:	1:16.20	41.74	150m:	2:05.56	49.36	200m:	2:43.16	37.60
10.				00						2:44.63	332	II
	50m:	35.22	35.22	100m:	1:20.53	45.31	150m:	2:08.00	47.47	200m:	2:44.63	36.63
11.				00	-4					2:46.95	318	II
	50m:	36.79	36.79	100m:	1:19.42	42.63	150m:	2:07.74	48.32	200m:	2:46.95	39.21
12.				00						2:47.18	317	III
	50m:	35.71	35.71	100m:	1:21.51	45.80	150m:	2:09.75	48.24	200m:	2:47.18	37.43
13.				01						2:47.43	315	III
	50m:	34.17	34.17	100m:	1:20.86	46.69	150m:	2:08.67	47.81	200m:	2:47.43	38.76
14.	BOUREAU Mael			00	ASPTT Nantes Natation					2:48.11	311	III
	50m:	37.56	37.56	100m:	1:20.24	42.68	150m:	2:08.94	48.70	200m:	2:48.11	39.17
15.				00	-4					2:48.79	308	III
	50m:	36.08	36.08	100m:	1:20.39	44.31	150m:	2:09.71	49.32	200m:	2:48.79	39.08
16.				00						2:49.03	306	III
	50m:	37.18	37.18	100m:	1:21.19	44.01	150m:	2:11.90	50.71	200m:	2:49.03	37.13
17.				01					" "	2:49.85	302	III
	50m:	35.78	35.78	100m:	1:17.90	42.12	150m:	2:10.82	52.92	200m:	2:49.85	39.03
18.				00						2:50.52	298	III
	50m:	36.59	36.59	100m:	1:21.78	45.19	150m:	2:12.82	51.04	200m:	2:50.52	37.70
19.				00	-4					2:51.80	292	III
	50m:	37.73	37.73	100m:	1:24.08	46.35	150m:	2:13.97	49.89	200m:	2:51.80	37.83
20.				01						2:53.33	284	III
	50m:	37.01	37.01	100m:	1:23.41	46.40	150m:	2:13.45	50.04	200m:	2:53.33	39.88
21.				00					" "	2:53.37	284	III
	50m:	38.68	38.68	100m:	1:24.84	46.16	150m:	2:16.11	51.27	200m:	2:53.37	37.26
22.				01					778	2:53.93	281	III
	50m:	36.70	36.70	100m:	1:21.81	45.11	150m:	2:17.05	55.24	200m:	2:53.93	36.88
23.				01						2:54.39	279	III
	50m:	38.03	38.03	100m:	1:25.16	47.13	150m:	2:14.75	49.59	200m:	2:54.39	39.64
24.				01					778	2:54.76	277	III
	50m:	37.72	37.72	100m:	1:23.54	45.82	150m:	2:12.46	48.92	200m:	2:54.76	42.30
25.				01					778	2:57.21	266	III
	50m:	39.73	39.73	100m:	1:25.10	45.37	150m:	2:20.32	55.22	200m:	2:57.21	36.89

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

20, , 200m , 12 - 13

26.				01		"	"	2:58.13	262	III		
	50m:	40.84	40.84	100m:	1:29.43	48.59	150m:	2:18.64	49.21	200m:	2:58.13	39.49
27.				01		778		2:58.27	261	III		
	50m:	37.94	37.94	100m:	1:27.52	49.58	150m:	2:18.70	51.18	200m:	2:58.27	39.57
28.				00		-4		2:58.54	260	III		
	50m:	36.71	36.71	100m:	1:22.80	46.09	150m:	2:18.84	56.04	200m:	2:58.54	39.70
29.				01			687	2:58.59	260	III		
	50m:	38.93	38.93	100m:	1:24.79	45.86	200m:	2:58.59	1:33.80			
30.				01		"	"	2:59.10	257	III		
	50m:	41.25	41.25	100m:	1:28.45	47.20	150m:	2:20.87	52.42	200m:	2:59.10	38.23
31.				00				2:59.43	256	III		
	50m:	38.29	38.29	100m:	1:24.86	46.57	150m:	2:20.40	55.54	200m:	2:59.43	39.03
32.				00				3:00.77	250	III		
	50m:	39.41	39.41	100m:	1:23.80	44.39	150m:	2:19.63	55.83	200m:	3:00.77	41.14
33.				01		778		3:02.50	243	III		
	50m:	38.68	38.68	100m:	1:27.32	48.64	150m:	2:20.07	52.75	200m:	3:02.50	42.43
34.	HENRY DUROY Julien			00	ASPTT Nantes Natation			3:03.21	240	III		
	50m:	40.31	40.31	100m:	1:25.16	44.85	150m:	2:19.94	54.78	200m:	3:03.21	43.27
35.				00		-4		3:04.57	235	III		
	50m:	40.84	40.84	100m:	1:26.77	45.93	150m:	2:20.67	53.90	200m:	3:04.57	43.90
36.				00				3:06.28	229	III		
	50m:	42.95	42.95	100m:	1:31.53	48.58	150m:	2:26.09	54.56	200m:	3:06.28	40.19
37.				00				3:07.14	226	III		
	50m:	46.04	46.04	100m:	1:29.45	43.41	150m:	2:23.04	53.59	200m:	3:07.14	44.10
38.				00				3:07.31	225	III		
	50m:	43.17	43.17	100m:	1:26.46	43.29	150m:	2:26.16	59.70	200m:	3:07.31	41.15
39.				01				3:07.58	224	III		
	100m:	1:27.23	1:27.23	150m:	2:24.54	57.31	200m:	3:07.58	43.04			
40.				00				3:10.95	212	I		
	50m:	43.54	43.54	100m:	1:32.52	48.98	150m:	2:27.96	55.44	200m:	3:10.95	42.99
41.				01				3:16.08	196	I		
	50m:	42.78	42.78	100m:	1:32.07	49.29	150m:	2:33.23	1:01.16	200m:	3:16.08	42.85
42.				01		778		3:16.39	195	I		
	50m:	42.30	42.30	100m:	1:32.06	49.76	150m:	2:33.36	1:01.30	200m:	3:16.39	43.03
43.				00				3:19.26	187	I		
	50m:	50.09	50.09	100m:	1:42.59	52.50	150m:	2:38.49	55.90	200m:	3:19.26	40.77
44.				00				3:20.63	183	I		
	50m:	46.00	46.00	100m:	1:40.63	54.63	150m:	2:37.59	56.96	200m:	3:20.63	43.04

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

20, , 200m , 12 - 13

45.				00						3:23.45	175	I
	50m:	43.36	43.36	100m:	1:33.28	49.92	150m:	2:35.32	1:02.04	200m:	3:23.45	48.13
DSQ				01				1143				III
DSQ				00								I
DSQ				00				778				I
11												
1.				02			104			2:38.53	371	II
	50m:	34.23	34.23	100m:	1:17.82	43.59	150m:	2:03.41	45.59	200m:	2:38.53	35.12
2.				02				64		2:54.03	281	III
	50m:	38.44	38.44	100m:	1:24.41	45.97	150m:	2:15.23	50.82	200m:	2:54.03	38.80
3.				02						2:57.98	262	III
	50m:	38.63	38.63	100m:	1:26.24	47.61	150m:	2:17.49	51.25	200m:	2:57.98	40.49
4.				04						3:01.96	245	III
	50m:	43.50	43.50	100m:	1:30.43	46.93	150m:	2:22.76	52.33	200m:	3:01.96	39.20
5.				02						3:03.70	238	III
	50m:	38.81	38.81	100m:	1:27.44	48.63	150m:	2:22.72	55.28	200m:	3:03.70	40.98
6.				02				64		3:03.80	238	III
	50m:	41.18	41.18	100m:	1:27.59	46.41	150m:	2:26.15	58.56	200m:	3:03.80	37.65
7.				02						3:05.59	231	III
	50m:	42.89	42.89	100m:	1:29.40	46.51	150m:	2:24.75	55.35	200m:	3:05.59	40.84
8.				02						3:07.38	225	III
	50m:	40.33	40.33	100m:	1:27.72	47.39	150m:	2:22.83	55.11	200m:	3:07.38	44.55
9.				02				"	"	3:08.51	221	III
	50m:	41.54	41.54	100m:	1:27.30	45.76	150m:	2:29.45	1:02.15	200m:	3:08.51	39.06
10.				03				"	"	3:08.91	219	III
	50m:	42.13	42.13	100m:	1:32.89	50.76	150m:	2:27.75	54.86	200m:	3:08.91	41.16
11.				03						3:09.92	216	I
	50m:	44.11	44.11	100m:	1:31.40	47.29	150m:	2:29.88	58.48	200m:	3:09.92	40.04
12.				03		-		"	"	3:11.16	212	I
	50m:	43.03	43.03	100m:	1:31.15	48.12	150m:	2:29.72	58.57	200m:	3:11.16	41.44
13.				02				778		3:11.39	211	I
	50m:	41.63	41.63	100m:	1:31.92	50.29	150m:	2:26.16	54.24	200m:	3:11.39	45.23
14.				03						3:11.71	210	I
	50m:	41.65	41.65	100m:	1:31.37	49.72	150m:	2:28.26	56.89	200m:	3:11.71	43.45
15.				02						3:14.21	202	I
	50m:	44.07	44.07	100m:	1:34.95	50.88	150m:	2:31.55	56.60	200m:	3:14.21	42.66

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

20,	, 200m	, 11										
16.			03								3:19.83	185
50m:	46.38	46.38	100m:	1:34.48	48.10	150m:	2:36.90	1:02.42	200m:	3:19.83	42.93	
17.			02				7				3:26.09	169
50m:	49.74	49.74	100m:	1:42.80	53.06	150m:	2:40.73	57.93	200m:	3:26.09	45.36	
18.			03				"	"			3:26.54	168
50m:	47.64	47.64	100m:	1:40.69	53.05	150m:	2:41.27	1:00.58	200m:	3:26.54	45.27	
19.			03								3:28.62	163
50m:	43.51	43.51	100m:	1:35.24	51.73	150m:	2:42.08	1:06.84	200m:	3:28.62	46.54	
20.			05								3:30.17	159
50m:	48.09	48.09	100m:	1:39.69	51.60	150m:	2:42.84	1:03.15	200m:	3:30.17	47.33	
21.			06				,				3:30.33	159
50m:	48.25	48.25	100m:	1:40.09	51.84	150m:	2:46.38	1:06.29	200m:	3:30.33	43.95	
22.			06				,				3:36.57	145
50m:	51.07	51.07	100m:	1:47.39	56.32	150m:	2:47.68	1:00.29	200m:	3:36.57	48.89	
23.			06								3:42.78	133
50m:	53.26	53.26	100m:	1:44.82	51.56	150m:	2:54.69	1:09.87	200m:	3:42.78	48.09	
DSQ			03				,	" "				

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

21, , 6 x 50m , 15

11.	,	"	1	,	"	2:57.11	371	
		99			99		31.04	
		99			01		30.32	
		98			00		28.48	
12.		1				2:57.80	366	
		99			00		29.27	
		99			02		30.98	
		98			99		29.85	
13.	-	,	"	" 1	-	,	" "	
		99			00		28.13	
		02			01		28.85	
		02			99		27.11	
14.	-	,	1	-	,	3:02.55	338	
		99			02		34.29	
		02			00		28.24	
		00			99		27.88	
15.		1				3:04.02	330	
		01			99		30.35	
		00			98		29.79	
		98			99		28.70	
16.	,		1	,		3:04.28	329	
		03			00		31.77	
		99			03		32.20	
		00			99		26.06	
17.	ASPTT Nantes Natation 1			ASPTT Nantes Natation			3:11.00	295
	CHIRON Hugo	01	31.21	CUNY Audrey	00		33.25	
	BOUREAU Mael	00	30.74	LEBEL Alexane	00		32.40	
	CHEVALIER Claire	00	32.81	BENOIT Titouan	00		30.59	
18.			1			3:12.97	286	
		98			02		33.56	
		00			00		31.98	
		01			01		31.91	
19.	,	1143	1	,	1143	3:14.54	279	
		99			99		31.06	
		02			99		32.55	
		01			99		28.31	
20.	,	778	1	,	778	3:29.10	225	
		99			02		36.95	
		01			02		39.81	
		00			01		31.14	

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

22

, 50m

15

28.06.2013 - 10:12

: FINA 2012

14 - 15

1.	98	"	"		32.15	596
2.	99	,		64	32.53	575
3.	98		"	"	33.07	547 I
4.	98	"	"		33.09	546 I
5.	99	-	,		33.58	523 I
6.	99	,	7		33.86	510 I
7.	98	,	7		34.10	499 I
8.	99	,	"	"	34.12	498 I
9.	99		,	"	34.20	495 I
10.	98				34.95	464 I
11.	98	"	"		36.41	410 II

12 - 13

1.	00		,	"	32.41	582
2.	00	,		64	33.02	550 I
3.	00		-4		33.17	542 I
4.	00				33.74	515 I
5.	00		-1		34.28	491 I
6.	01		"	"	34.71	473 I
7.	00		"	"	34.92	465 I
	01		,	1	34.92	465 I
9.	00	"	"		35.15	456 II
10.	01	-	,		35.22	453 II
11.	01				35.55	441 II
12.	00		"	"	36.01	424 II
13.	01		"	"	36.22	417 II
14.	01	,		687	37.07	388 II
15.	01	,		47	37.76	368 II
16.	01				38.79	339 II
17. JACQUET Djena	00	ASPTT Nantes Natation			39.17	329 III
18.	00				39.77	315 III
19.	00				39.90	311 III
20.	01				41.57	275 III
21.	01	,	7		41.83	270 III
22.	01	,	1143		42.47	258 III
23.	01				44.62	223 I
DNF	00	,	7			

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

22, , 50m

11

1.	02	,			37.40	378	II
2.	04	,			37.84	365	II
3.	02	,	"	"	38.31	352	II
4.	02				38.95	335	II
	04	,			38.95	335	II
6.	02	,	1143		39.97	310	III
7.	03				40.11	307	III
8.	02	,	-1		40.81	291	III
9.	03	,			42.85	251	III
10.	03	,	-1		43.88	234	I
11.	03				45.45	211	I
12.	05	,			48.13	177	I
13.	06	,			48.22	176	I
14.	05				49.37	164	
15.	05				49.72	161	
16.	04				56.66	108	
DNF	02	-					
DNF	04						

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

23

, 50m

15

28.06.2013 - 10:22

: FINA 2012

14 - 15

1.	98					27.91	639
2.	98					28.02	631
3.	98	"	"			28.87	577
4.	99			"	"	29.09	564 I
5.	99	,				29.72	529 I
6.	98	"	"			29.84	522 I
7.	98					30.60	484 I
8.	98	"	"			32.30	412 II
9.	99					32.79	394 II
10.	99	,				33.36	374 II
11.	98					34.76	330 III
12.	99	,		"	"	35.17	319 III
13.	99					35.23	317 III
14.	99					36.14	294 III
15.	99					37.57	261 III

12 - 13

1.	00					31.59	440 II
2.	00			"	"	33.28	376 II
3.	00	,			687	34.15	348 III
4.	00			"	"	34.20	347 III
5.	00	-	,			34.62	334 III
6.	00		,			34.63	334 III
	00	"		"		34.63	334 III
8.	00			-4		35.43	312 III
9.	01	,			47	35.59	308 III
10.	01	,		"	"	35.74	304 III
11.	00	,			687	35.84	301 III
12.	01			"	"	36.00	297 III
13.	00	,			687	36.98	274 III
14.	01					37.13	271 III
15.	01	,			1143	37.34	266 III
16.	01	,			1143	37.45	264 III
17. CHIRON Hugo	01	ASPTT Nantes Natation				37.54	262 III
18.	01	,			1143	38.37	245 I
19.	01	,			-1	41.56	193 I

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

23, , 50m

11

1.	02				34.06	351	III
2.	02				35.87	301	III
3.	02				36.19	293	III
4.	02			1	37.11	271	III
5.	03			" "	37.55	262	III
6.	02	-			40.26	212	I
7.	02				40.49	209	I
8.	03				41.03	201	I
9.	03				41.71	191	I
10.	03				41.77	190	I
11.	03				43.09	173	
12.	02			778	43.51	168	
13.	02				44.18	161	
14.	04				44.88	153	
15.	02				245.17	150	
16.	06				46.97	134	
DSQ	02						
DSQ	04						
DNF	04						
DNF	04						

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

24

, 50m

15

28.06.2013 - 10:32

: FINA 2012

14 - 15

1.	98		"	"	28.31	588
2.	99				28.52	576 I
3.	99		"	"	28.58	572 I
4.	99	"	"		29.32	530 I
5.	99	,	"	"	29.34	529 I
6.	99		"	"	29.45	523 I
7.	99	"	"		29.82	503 I
8.	99	-	,	"	29.92	498 I
9.	99				30.29	480 II
10.	99		-4		30.44	473 II
11.	99	,	7		30.54	469 II
12.	98	,	7		30.92	452 II
13.	98	"	"		30.96	450 II
14.	99	,	1143		31.49	427 II
15.	99		,	"	32.38	393 II
16.	98		"	"	32.54	387 II
17.	99		,	"	32.69	382 II
18.	99	,			33.45	357 III
19.	99		"	"	34.27	332 III
20.	98		"	"	34.55	324 III

12 - 13

1.	00	-	,		29.05	545 I
2.	01	"	"		29.20	536 I
3.	01	-	,	"	29.21	536 I
4.	00		,	"	29.55	517 I
5.	01				29.58	516 I
6.	01		,	"	29.86	501 I
7.	00		-4		30.31	479 II
8.	00		"	"	30.54	469 II
9.	00	,	7		30.79	457 II
10.	01	,		687	31.02	447 II
11.	01		-4		31.11	443 II
12.	00	,			32.36	394 II
13.	01		"	"	32.63	384 II
14.	00	,	1143		32.66	383 II
15.	01	,		47	33.07	369 III
16.	LEBEL Alexane	00	ASPTT Nantes Natation		33.09	368 III

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

24, , 50m , 12 - 13

17.	01		33.18	365	III
18. CHEVALIER Claire	00	ASPTT Nantes Natation	33.35	360	III
19. HAURAY Adele	01	ASPTT Nantes Natation	33.57	353	III
20.	00	, " "	34.41	327	III
21.	01		34.46	326	III
22.	00	, 7	35.34	302	III
23.	01		36.19	281	III
24.	01	, 1143	39.14	222	I
DNF	01	" "			
11					
1.	02		30.56	468	II
2.	02	, " "	31.80	415	II
3.	02	, 64	31.84	413	II
4.	03	" "	33.97	340	III
5.	02		34.28	331	III
6.	02		35.19	306	III
7.	02		35.67	294	III
8.	02	, 1143	35.95	287	III
9.	04		38.31	237	I
10.	02	, 1143	38.69	230	I
11.	04		38.78	229	I
12.	03		38.82	228	I
13.	04		40.29	204	I
14.	02		41.13	192	
15.	02		41.66	184	
16.	02		42.92	169	
17.	02		43.84	158	
18.	04		44.94	147	
19.	05	,	46.04	136	
20.	03		46.21	135	
21.	03		46.85	129	
22.	05		54.91	80	
23.	06		1:03.83	51	
DNF	02	, 7			
DNF	02	-			
EXH	97		28.99	548	I
EXH	97		30.96	450	II

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

25
28.06.2013 - 10:44

, 50m

15

: FINA 2012

14 - 15

1.	98	"	"	24.66	609	I
2.	98			25.34	561	I
3.	98			25.46	553	I
4.	98	"	"	25.48	552	I
5.	99	,	62	25.99	520	I
6.	99	,		26.05	517	II
7.	99			26.71	479	II
8.	98		"	26.72	479	II
9.	99	,	7	26.76	477	II
10.	99	,	7	27.06	461	II
11.	98			27.08	460	II
12.	98	,	-1	27.14	457	II
13.	98	,	23	27.40	444	II
14.	99	,	"	27.70	430	II
15.	99	,	"	28.19	408	II
16.	99	,	1143	28.73	385	III
17.	99			28.91	378	III
18.	99	,	"	28.94	377	III
19.	99	"	"	29.45	357	III
20.	98	,	"	29.56	353	III
21.	99			29.83	344	III
22.	99			30.28	329	III
23.	99	,	-1	31.30	298	III
24.	98			31.45	293	III
25.	99			33.10	252	I
26.	99			33.32	247	I
DSQ	99					III

12 - 13

1.	00	"	"	27.28	450	II
2.	01	,	62	27.45	442	II
3.	00			27.99	416	II
4.	00	,		28.54	393	III
5.	00	,	687	28.56	392	III
6.	00	,	687	28.59	391	III
7.	00	-	,	28.62	389	III
8.	00	,	64	28.75	384	III
9.	00	"	"	28.83	381	III

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

25, , 50m , 12 - 13

10.		00	,	"	"	29.30	363	III
11.		00		-4		29.50	356	III
12.		01	,		47	30.06	336	III
13.		00	"	"		30.09	335	III
14.		00	,			30.20	331	III
15.		00	"	"		30.26	329	III
16.		00	,	"	"	30.57	320	III
17.		01		,	"	30.71	315	III
18.		01	,	"	"	30.84	311	III
19.		00			687	30.91	309	III
20.	CHIRON Hugo	01	ASPTT Nantes Natation			30.98	307	III
21.		00		-4		31.19	301	III
22.	BENOIT Titouan	00	ASPTT Nantes Natation			31.31	297	III
23.	BOUREAU Mael	00	ASPTT Nantes Natation			31.37	296	III
24.		01	"	"		31.38	295	III
25.		01				31.72	286	I
26.		00	,		687	31.76	285	I
27.		01				32.08	276	I
28.		01	,	778		32.20	273	I
29.	HENRY DUROY Julien	00	ASPTT Nantes Natation			32.33	270	I
30.		00	,		687	32.44	267	I
31.		00		-4		32.48	266	I
32.		01	,	778		32.55	265	I
33.		01	,	1143		32.56	264	I
34.		01	,	778		33.03	253	I
35.		01	,	1143		33.07	252	I
36.		00				33.61	240	I
37.		00				33.98	233	I
38.		01				34.05	231	I
39.		01	,	"	"	34.11	230	I
40.		00				35.53	203	I
41.		01	,	778		36.22	192	I
42.		01	,		687	36.27	191	I
43.		01	,	778		36.32	190	I
44.		01				36.57	186	
45.		00	,			36.87	182	
46.		00	,	778		37.09	179	
47.		00				39.01	154	
48.		01				49.44	75	
DSQ		01	,		687			III
DNF		00						

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

25, , 50m

11

1.	02	104	29.33	362	III
2.	02	, 64	31.63	288	I
3.	02		32.60	263	I
4.	02		32.97	255	I
5.	04		33.18	250	I
6.	03	7	33.19	250	I
7.	02	, Magneto Sport&Spa	33.29	247	I
8.	03	, "	33.56	241	I
9.	02	, " "	33.63	240	I
10.	03	, " "	33.98	233	I
11.	02		33.99	232	I
12.	03		34.25	227	I
13.	02	, 1143	34.29	226	I
14.	02		34.61	220	I
15.	02		234.63	220	I
16.	03		34.70	218	I
17.	03		34.83	216	I
18.	03		35.14	210	I
19.	03		35.55	203	I
20.	03		35.83	198	I
21.	03		35.98	196	I
22.	03		36.47	188	I
23.	02		36.50	188	I
24.	03	" "	37.06	179	
25.	03		37.30	176	
26.	06	,	37.43	174	
27.	04		38.10	165	
28.	03		38.22	163	
29.	02	, 778	38.61	158	
30.	05		39.02	153	
31.	03		39.08	153	
32.	02		40.26	140	
33.	04		40.37	138	
34.	05		40.54	137	
35.	04		40.57	136	
36.	05		40.61	136	
37.	03		40.95	133	
38.	02		41.05	132	
39.	04		41.30	129	
40.	04		42.86	116	
41.	04		44.45	104	
42.	05		48.70	79	

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

25, , 50m , 11

43.	05				48.91	78
DSQ	03	,	"	"		
DSQ	02					
DSQ	04					
DSQ	05					
DNF	03		"	"		
DNF	03					
DNF	03					
EXH	97				27.67	431 II

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

26
28.06.2013 - 11:14

, 100m

15

: FINA 2012

14 - 15

1.					99		"	"	1:07.07	583
	50m:	31.61	31.61	100m:	1:07.07	35.46				
2.					98	-	,		1:07.84	564
	50m:	31.42	31.42	100m:	1:07.84	36.42				
3.					99		"	"	1:08.74	542 I
	50m:	32.20	32.20	100m:	1:08.74	36.54				
4.					99		,	"	"	1:09.89 516 I
	50m:	31.17	31.17	100m:	1:09.89	38.72				
5.					99		,	64	1:12.65	459 II
	50m:	32.91	32.91	100m:	1:12.65	39.74				
6.					99		,	"	"	1:19.72 347 II
	50m:	37.15	37.15	100m:	1:19.72	42.57				
7.					99				1:21.00	331 II
	50m:	36.82	36.82	100m:	1:21.00	44.18				
8.					99		,	"	"	1:24.72 289 III
	50m:	38.21	38.21	100m:	1:24.72	46.51				
9.					99		,	778	1:25.14	285 III
	50m:	38.23	38.23	100m:	1:25.14	46.91				

12 - 13

1.					00		,	"	1:09.77	518 I
	50m:	33.03	33.03	100m:	1:09.77	36.74				
2.					00		,	"	"	1:10.63 500 I
	50m:	32.49	32.49	100m:	1:10.63	38.14				
3.					00	-	,		1:13.64	441 II
	50m:	34.39	34.39	100m:	1:13.64	39.25				
4.					00		,	47	1:14.19	431 II
	50m:	33.25	33.25	100m:	1:14.19	40.94				
5.					00		"	"	1:14.82	420 II
	50m:	35.05	35.05	100m:	1:14.82	39.77				
6.					00				1:18.42	365 II
	50m:	36.28	36.28	100m:	1:18.42	42.14				
7.					01				1:20.69	335 II
	50m:	34.97	34.97	100m:	1:20.69	45.72				

" RENA - WATER INSTINCT»
 , 26. - 28.6.2013

26, , 100m , 12 - 13

8.					01		,	"	"		1:20.94	332	II
	50m:	38.32	38.32	100m:	1:20.94	42.62							
9.					00						1:22.33	315	III
	50m:	39.20	39.20	100m:	1:22.33	43.13							
10.					01			"	"		1:23.43	303	III
	50m:	37.89	37.89	100m:	1:23.43	45.54							
11.					01			"	"		1:23.91	298	III
	50m:	37.40	37.40	100m:	1:23.91	46.51							
12.	CUNY Audrey				00		ASPTT Nantes Natation				1:29.67	244	III
	50m:	39.85	39.85	100m:	1:29.67	49.82							
13.					00			"	"		1:30.11	240	III
	50m:	41.24	41.24	100m:	1:30.11	48.87							

11

1.					02		,	"			1:10.25	508	I
	50m:	32.81	32.81	100m:	1:10.25	37.44							
2.					02			"	"		1:15.29	412	II
	50m:	34.98	34.98	100m:	1:15.29	40.31							
3.					03		,				1:16.58	392	III
	50m:	34.58	34.58	100m:	1:16.58	42.00							
4.					02		,	"	"		1:26.29	274	III
	50m:	40.27	40.27	100m:	1:26.29	46.02							
5.					03						1:32.37	223	III
	50m:	40.47	40.47	100m:	1:32.37	51.90							
6.					03		,				1:36.85	193	I
	50m:	45.92	45.92	100m:	1:36.85	50.93							
7.					02						1:40.70	172	I
	50m:	44.24	44.24	100m:	1:40.70	56.46							
8.					03						1:46.64	145	
	50m:	48.21	48.21	100m:	1:46.64	58.43							
9.					03			"	"		1:47.52	141	
	50m:	45.89	45.89	100m:	1:47.52	1:01.63							
10.					05		,				1:56.05	112	
	50m:	49.38	49.38	100m:	1:56.05	1:06.67							

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

27
28.06.2013 - 11:26

, 100m

15

: FINA 2012

14 - 15

1.					98		"	"		57.61	646
	50m:	26.64	26.64	100m:	57.61	30.97					
2.					98					59.63	583
	50m:	27.32	27.32	100m:	59.63	32.31					
3.					98		"	"		1:01.67	527 I
	50m:	28.68	28.68	100m:	1:01.67	32.99					
4.					98		,	"	"	1:01.70	526 I
	50m:	28.38	28.38	100m:	1:01.70	33.32					
5.					98		"	"		1:01.88	521 I
	50m:	28.24	28.24	100m:	1:01.88	33.64					
6.					98		"	"		1:04.83	453 I
	50m:	30.20	30.20	100m:	1:04.83	34.63					
7.					98			"	"	1:06.29	424 II
	50m:	30.07	30.07	100m:	1:06.29	36.22					
8.					99					1:07.00	411 II
	50m:	30.65	30.65	100m:	1:07.00	36.35					
9.					98					1:08.33	387 II
	50m:	31.03	31.03	100m:	1:08.33	37.30					
10.					98			"	"	1:10.09	359 II
	50m:	32.37	32.37	100m:	1:10.09	37.72					
11.					99		,	-1		1:11.75	334 II
	50m:	29.95	29.95	100m:	1:11.75	41.80					
12.					99		,		64	1:11.98	331 II
	50m:	31.73	31.73	100m:	1:11.98	40.25					
13.					99		,		687	1:12.12	329 II
	50m:	33.16	33.16	100m:	1:12.12	38.96					
14.					99		,			1:16.08	280 III
	50m:	34.01	34.01	100m:	1:16.08	42.07					
DSQ					99		,				II

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

27, , 100m

11

1.	50m:	34.03	34.03	100m:	1:12.64	38.61			1:12.64	322	II
2.	50m:	34.34	34.34	100m:	1:14.89	40.55	, Magneto Sport&Spa		1:14.89	294	III
3.	50m:	37.10	37.10	100m:	1:22.20	45.10	,		1:22.20	222	III
4.	50m:	40.62	40.62	100m:	1:23.35	42.73	,		1:23.35	213	I
5.	50m:	37.41	37.41	100m:	1:23.40	45.99	" "		1:23.40	213	I
6.	50m:	40.60	40.60	100m:	1:23.62	43.02	,		1:23.62	211	I
7.	50m:	39.97	39.97	100m:	1:26.71	46.74			1:26.71	189	I
8.	50m:	42.19	42.19	100m:	1:31.30	49.11			1:31.30	162	I
9.	50m:	41.99	41.99	100m:	1:31.71	49.72	- , " "		1:31.71	160	I
10.	50m:	39.88	39.88	100m:	1:33.42	53.54	,		1:33.42	151	
11.	50m:	45.07	45.07	100m:	1:37.72	52.65	, 1		1:37.72	132	
12.	50m:	48.43	48.43	100m:	1:40.94	52.51			1:40.94	120	
13.	50m:	46.42	46.42	100m:	1:46.94	1:00.52			1:46.94	101	
DSQ					03		,				
DSQ					02		,				
EXH	50m:	25.58	25.58	100m:	55.12	29.54			55.12	738	
EXH	50m:	29.10	29.10	100m:	1:03.04	33.94			1:03.04	493	I

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

28
28.06.2013 - 11:48

, 200m

15

: FINA 2012

14 - 15

1.				98		77			2:40.34	667		
	50m:	36.20	36.20	100m:	1:16.32	40.12	150m:	1:59.27	42.95	200m:	2:40.34	41.07
2.				98						2:55.47	509	I
	50m:	38.28	38.28	100m:	1:22.11	43.83	150m:	2:08.59	46.48	200m:	2:55.47	46.88
3.				99		"	"			2:55.74	506	I
	50m:	39.45	39.45	100m:	1:24.02	44.57	150m:	2:09.89	45.87	200m:	2:55.74	45.85
4.				98						2:57.53	491	I
	50m:	40.57	40.57	100m:	1:25.22	44.65	150m:	2:11.89	46.67	200m:	2:57.53	45.64
5.				98		,	"	"		2:58.82	481	I
	50m:	38.42	38.42	100m:	1:25.01	46.59	150m:	2:11.91	46.90	200m:	2:58.82	46.91
6.				98						3:00.62	466	I
	50m:	41.88	41.88	100m:	1:29.38	47.50	150m:	2:14.45	45.07	200m:	3:00.62	46.17
7.				99		,	7			3:00.96	464	I
	50m:	41.60	41.60	100m:	1:28.04	46.44	150m:	2:14.35	46.31	200m:	3:00.96	46.61
DSQ				98		,	7					I

12 - 13

1.				01		77				2:51.72	543	I
	50m:	39.45	39.45	100m:	1:24.47	45.02	150m:	2:07.74	43.27	200m:	2:51.72	43.98
2.				00						2:52.08	539	I
	50m:	39.44	39.44	100m:	1:22.90	43.46	150m:	2:07.96	45.06	200m:	2:52.08	44.12
3.				00		-4				2:53.22	529	I
	50m:	41.40	41.40	100m:	1:25.52	44.12	150m:	2:09.96	44.44	200m:	2:53.22	43.26
4.				01						2:59.35	476	I
	50m:	40.21	40.21	100m:	1:25.29	45.08	150m:	2:13.07	47.78	200m:	2:59.35	46.28
5.				01		,	64			3:01.74	458	II
	50m:	40.57	40.57	100m:	1:27.13	46.56	150m:	2:15.08	47.95	200m:	3:01.74	46.66
6.				01						3:06.65	423	II
	50m:	43.80	43.80	100m:	1:33.73	49.93	150m:	2:22.56	48.83	200m:	3:06.65	44.09
7.				01		-		,	"	3:07.43	417	II
	50m:	43.63	43.63	100m:	1:31.87	48.24	150m:	2:20.55	48.68	200m:	3:07.43	46.88
8.				01				"	"	3:16.52	362	II
	50m:	44.31	44.31	100m:	1:35.55	51.24	150m:	2:26.99	51.44	200m:	3:16.52	49.53
9.				00						3:19.50	346	II
	50m:	45.00	45.00	100m:	1:36.80	51.80	150m:	2:29.75	52.95	200m:	3:19.50	49.75

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

28, , 200m , 12 - 13

10.	JACQUET Djena	00	ASPTT Nantes Natation	3:23.40	326	III
	50m: 43.39 43.39	100m: 1:36.17 52.78	150m: 2:30.72 54.55	200m: 3:23.40 52.68		
11.		00	, 7	3:26.91	310	III
	50m: 47.13 47.13	100m: 1:40.39 53.26	150m: 2:34.71 54.32	200m: 3:26.91 52.20		
12.	LEBEL Alexane	00	ASPTT Nantes Natation	3:27.07	309	III
	50m: 47.16 47.16	100m: 1:40.60 53.44	150m: 2:35.09 54.49	200m: 3:27.07 51.98		
13.		01		3:27.33	308	III
	50m: 48.35 48.35	100m: 1:41.64 53.29	150m: 2:36.54 54.90	200m: 3:27.33 50.79		

11

1.		02	" "	3:00.98	464	I
	50m: 43.10 43.10	100m: 1:28.39 45.29	150m: 2:15.68 47.29	200m: 3:00.98 45.30		
2.		02	, 64	3:05.03	434	II
	50m: 43.53 43.53	100m: 1:30.92 47.39	150m: 2:18.28 47.36	200m: 3:05.03 46.75		
3.		02	, 47	3:08.85	408	II
	50m: 42.41 42.41	100m: 1:30.40 47.99	150m: 2:20.09 49.69	200m: 3:08.85 48.76		
4.		02	,	3:13.76	378	II
	50m: 45.88 45.88	100m: 1:34.86 48.98	150m: 2:25.20 50.34	200m: 3:13.76 48.56		
5.		03	,	3:16.75	361	II
	50m: 45.93 45.93	100m: 1:36.71 50.78	150m: 2:27.11 50.40	200m: 3:16.75 49.64		
6.		02	- , " "	3:32.62	286	III
	50m: 48.88 48.88	100m: 1:42.94 54.06	150m: 2:39.08 56.14	200m: 3:32.62 53.54		
7.		02	- , " "	3:35.19	276	III
	50m: 52.26 52.26	100m: 1:47.74 55.48	150m: 2:41.77 54.03	200m: 3:35.19 53.42		
8.		02	, 1143	3:35.55	274	III
	50m: 48.65 48.65	100m: 1:42.66 54.01	150m: 2:39.63 56.97	200m: 3:35.55 55.92		
9.		03	" "	3:36.20	272	III
	50m: 50.56 50.56	100m: 1:45.92 55.36	150m: 2:42.71 56.79	200m: 3:36.20 53.49		
10.		02	, 778	3:40.50	256	III
	50m: 50.85 50.85	100m: 1:46.85 56.00	150m: 2:45.22 58.37	200m: 3:40.50 55.28		
11.		02		3:45.70	239	III
	50m: 52.20 52.20	100m: 1:50.07 57.87	150m: 2:47.67 57.60	200m: 3:45.70 58.03		
12.		02		3:51.71	221	I
	50m: 53.54 53.54	100m: 1:52.42 58.88	150m: 2:51.90 59.48	200m: 3:51.71 59.81		
13.		02		3:54.36	213	I
	50m: 55.37 55.37	100m: 1:57.32 1:01.95	150m: 2:56.77 59.45	200m: 3:54.36 57.59		
14.		04		4:10.71	174	I
	50m: 55.02 55.02	100m: 1:58.39 1:03.37	150m: 3:04.28 1:05.89	200m: 4:10.71 1:06.43		

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

28, , 200m , 11

15. 02 **4:26.30** 145
50m: 1:02.46 1:02.46 100m: 2:10.71 1:08.25 150m: 3:20.72 1:10.01 200m: 4:26.30 1:05.58

DSQ 02 - , " "

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

29
28.06.2013 - 12:10

, 200m

15

: FINA 2012

14 - 15

1.				98							2:31.95	588	
	50m:	34.79	34.79	100m:	1:13.15	38.36	150m:	1:53.39	40.24	200m:	2:31.95	38.56	
2.				98					23		2:33.99	565	I
	50m:	34.76	34.76	100m:	1:14.54	39.78	150m:	1:54.42	39.88	200m:	2:33.99	39.57	
3.				99		-			"	"	2:37.58	527	I
	50m:	35.11	35.11	100m:	1:16.23	41.12	150m:	1:56.57	40.34	200m:	2:37.58	41.01	
4.				98					1		2:41.51	489	I
	50m:	36.99	36.99	100m:	1:18.58	41.59	150m:	2:00.24	41.66	200m:	2:41.51	41.27	
5.				99					64		2:44.04	467	II
	100m:	1:19.93	1:19.93	200m:	2:44.04	1:24.11							
6.				99			"	"			2:44.34	464	II
	50m:	36.02	36.02	100m:	1:17.83	41.81	150m:	2:01.30	43.47	200m:	2:44.34	43.04	
7.				99							2:47.99	435	II
	50m:	37.10	37.10	100m:	1:20.95	43.85	150m:	2:05.13	44.18	200m:	2:47.99	42.86	
8.				99					"	"	2:50.21	418	II
	50m:	37.43	37.43	100m:	1:22.01	44.58	150m:	2:07.33	45.32	200m:	2:50.21	42.88	
9.				98							2:50.78	414	II
	50m:	38.32	38.32	100m:	1:22.29	43.97	150m:	2:07.49	45.20	200m:	2:50.78	43.29	
10.				99					1143		3:33.17	213	I
	50m:	44.65	44.65	100m:	1:35.98	51.33	150m:	2:27.29	51.31	200m:	3:33.17	1:05.88	

12 - 13

1.				00							2:32.30	584	
	50m:	33.98	33.98	100m:	1:12.64	38.66	150m:	1:54.03	41.39	200m:	2:32.30	38.27	
2.				00							2:34.39	560	I
	50m:	36.33	36.33	100m:	1:16.44	40.11	150m:	1:56.88	40.44	200m:	2:34.39	37.51	
3.				01							2:44.80	461	II
	50m:	37.23	37.23	100m:	1:19.50	42.27	150m:	2:02.59	43.09	200m:	2:44.80	42.21	
4.				00				-4			2:47.21	441	II
	50m:	36.80	36.80	100m:	1:19.08	42.28	150m:	2:03.67	44.59	200m:	2:47.21	43.54	
5.				01				-4			3:01.22	346	II
	100m:	1:26.31	1:26.31	200m:	3:01.22	1:34.91							
6.				00		-			"	"	3:04.62	327	III
	50m:	42.63	42.63	100m:	1:30.31	47.68	150m:	2:18.14	47.83	200m:	3:04.62	46.48	

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

29, , 200m , 12 - 13

7.	50m:	43.52	43.52	100m:	1:31.84	48.32	150m:	2:20.61	48.77	200m:	3:06.75	316	III
											46.14		
8.	100m:	1:31.47	1:31.47	200m:	3:09.73	1:38.26					3:09.73	302	III
9.	50m:	42.36	42.36	100m:	1:31.85	49.49	,	"	"		3:10.46	298	III
											48.43		
10.	50m:	44.55	44.55	100m:	1:32.60	48.05					3:13.09	286	III
											49.75		
11.	50m:	42.86	42.86	100m:	1:31.67	48.81					3:14.13	282	III
											51.08		
12.	50m:	43.89	43.89	100m:	1:33.03	49.14	,	"	"		3:19.44	260	III
											53.31		
13.	50m:	42.42	42.42	100m:	1:32.50	50.08	,	778			3:21.05	253	III
											53.81		
14.	50m:	47.00	47.00	100m:	1:39.14	52.14					3:23.28	245	III
											50.89		
15.	50m:	44.52	44.52	100m:	1:36.92	52.40					3:24.52	241	III
											52.07		
16.	50m:	46.01	46.01	100m:	1:40.85	54.84					3:28.08	229	I
											54.02		
17.	50m:	49.27	49.27	100m:	1:45.30	56.03					3:33.51	211	I
											53.26		
18.	50m:	50.80	50.80	100m:	1:46.84	56.04	,		687		3:38.51	197	I
											54.44		
DSQ					00			-4					III
11													
1.	50m:	42.18	42.18	100m:	1:29.29	47.11		"	"		3:03.31	334	II
											46.16		
2.	50m:	41.68	41.68	100m:	1:28.56	46.88	,				3:04.22	330	III
											48.70		
3.	50m:	42.54	42.54	100m:	1:30.89	48.35	,	7			3:07.66	312	III
											47.60		
4.	50m:	48.67	48.67	100m:	1:42.45	53.78					3:26.99	232	III
											51.69		
5.	50m:	47.68	47.68	100m:	1:42.25	54.57					3:31.23	218	I
											53.21		

" RENA - WATER INSTINCT»
, 26. - 28.6.2013

29, , 200m , 11

6.					02			1143		3:35.16	207	I
	50m:	49.31	49.31	100m:	1:44.30	54.99	150m:	2:40.36	56.06	200m:	3:35.16	54.80
7.					03			" "		3:35.70	205	I
	50m:	51.40	51.40	100m:	1:48.82	57.42	150m:	2:44.82	56.00	200m:	3:35.70	50.88
8.					02			778		3:37.72	199	I
	50m:	48.23	48.23	100m:	1:44.77	56.54	150m:	2:41.79	57.02	200m:	3:37.72	55.93
9.					03					3:43.45	184	I
	50m:	53.46	53.46	100m:	1:51.20	57.74	150m:	2:49.46	58.26	200m:	3:43.45	53.99
10.					03					3:52.81	163	I
	50m:	52.06	52.06	100m:	1:48.90	56.84	150m:	2:44.91	56.01	200m:	3:52.81	1:07.90
11.					03			" "		3:57.41	154	
	50m:	52.63	52.63	100m:	1:55.05	1:02.42	150m:	2:57.91	1:02.86	200m:	3:57.41	59.50
12.					06					4:05.76	139	
	50m:	57.13	57.13	100m:	2:00.30	1:03.17	150m:	3:04.54	1:04.24	200m:	4:05.76	1:01.22
DSQ					03							I

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

30
28.06.2013 - 12:42

, 400m

15

: FINA 2012

14 - 15

1.				99	-						5:19.06	602
	50m:	32.78	32.78	150m:	1:52.69	41.46	250m:	3:18.73	46.21	350m:	4:43.73	37.55
	100m:	1:11.23	38.45	200m:	2:32.52	39.83	300m:	4:06.18	47.45	400m:	5:19.06	35.33
2.				98							5:29.20	548 I
	50m:	33.32	33.32	150m:	1:55.77	43.09	250m:	3:24.64	46.34	350m:	4:51.60	40.17
	100m:	1:12.68	39.36	200m:	2:38.30	42.53	300m:	4:11.43	46.79	400m:	5:29.20	37.60
3.				99	-			"	"		5:52.96	444 II
	50m:	37.23	37.23	150m:	2:07.67	44.35	250m:	3:40.52	50.14	350m:	5:14.09	41.09
	100m:	1:23.32	46.09	200m:	2:50.38	42.71	300m:	4:33.00	52.48	400m:	5:52.96	38.87

12 - 13

1.				00					"		5:27.10	558
	50m:	34.32	34.32	150m:	1:57.85	42.55	250m:	3:28.20	47.80	350m:	4:52.72	37.25
	100m:	1:15.30	40.98	200m:	2:40.40	42.55	300m:	4:15.47	47.27	400m:	5:27.10	34.38
2.				00	-						5:34.62	522 I
	50m:	35.37	35.37	150m:	1:58.43	42.91	250m:	3:30.28	49.27	350m:	4:56.86	38.43
	100m:	1:15.52	40.15	200m:	2:41.01	42.58	300m:	4:18.43	48.15	400m:	5:34.62	37.76
3.				00	-						5:42.00	489 I
	50m:	36.70	36.70	150m:	2:04.39	43.49	250m:	3:35.31	49.16	350m:	5:05.15	40.02
	100m:	1:20.90	44.20	200m:	2:46.15	41.76	300m:	4:25.13	49.82	400m:	5:42.00	36.85
4.				01				"	"		5:42.82	485 I
	50m:	37.35	37.35	150m:	2:03.92	43.10	250m:	3:36.28	50.32	350m:	5:05.52	39.39
	100m:	1:20.82	43.47	200m:	2:45.96	42.04	300m:	4:26.13	49.85	400m:	5:42.82	37.30
5.				00					64		6:18.11	361 II
	50m:	39.39	39.39	150m:	2:16.27	46.62	250m:	3:55.67	53.06	350m:	5:35.36	43.22
	100m:	1:29.65	50.26	200m:	3:02.61	46.34	300m:	4:52.14	56.47	400m:	6:18.11	42.75

DSQ

01

,

II

11

1.				02							6:20.13	356 II
	50m:	40.52	40.52	150m:	2:18.65	48.56	250m:	4:00.29	56.09	350m:	5:39.68	43.05
	100m:	1:30.09	49.57	200m:	3:04.20	45.55	300m:	4:56.63	56.34	400m:	6:20.13	40.45
2.				02							6:21.55	352 II
	50m:	44.02	44.02	150m:	2:25.87	48.04	250m:	4:05.32	52.59	350m:	5:42.16	42.87
	100m:	1:37.83	53.81	200m:	3:12.73	46.86	300m:	4:59.29	53.97	400m:	6:21.55	39.39
3.				04							6:25.47	341 II
	50m:	42.04	42.04	150m:	2:19.75	45.05	250m:	4:02.38	58.67	350m:	5:43.65	43.43
	100m:	1:34.70	52.66	200m:	3:03.71	43.96	300m:	5:00.22	57.84	400m:	6:25.47	41.82

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

30, , 400m , 11

4.				03								6:42.94	299	III
	50m:	41.10	41.10	150m:	2:24.82	49.27	250m:	4:10.37	57.90	350m:	5:57.18	48.41		
	100m:	1:35.55	54.45	200m:	3:12.47	47.65	300m:	5:08.77	58.40	400m:	6:42.94	45.76		
5.				02	-							6:45.50	293	III
	50m:	45.94	45.94	200m:	3:21.28	1:38.67	300m:	5:19.67	59.49	400m:	6:45.50	41.91		
	100m:	1:42.61	56.67	250m:	4:20.18	58.90	350m:	6:03.59	43.92					
6.				05								6:56.45	270	III
	50m:	48.27	48.27	150m:	2:32.79	52.75	250m:	4:24.52	1:00.69	350m:	6:12.41	45.40		
	100m:	1:40.04	51.77	200m:	3:23.83	51.04	300m:	5:27.01	1:02.49	400m:	6:56.45	44.04		
7.				02	-				"	"		7:00.99	262	III
	50m:	46.53	46.53	200m:	3:26.19	1:44.46	300m:	5:24.69	59.63	400m:	7:00.99	47.55		
	100m:	1:41.73	55.20	250m:	4:25.06	58.87	350m:	6:13.44	48.75					
8.				02	-				"	"		7:13.19	240	III
	50m:	49.99	49.99	150m:	2:45.16	56.03	250m:	4:39.50	1:00.83	350m:	6:29.62	48.79		
	100m:	1:49.13	59.14	200m:	3:38.67	53.51	300m:	5:40.83	1:01.33	400m:	7:13.19	43.57		
9.				03	-				"	"		7:14.01	239	III
	50m:	47.85	47.85	150m:	2:38.58	54.13	250m:	4:35.92	1:02.67	350m:	6:27.73	51.55		
	100m:	1:44.45	56.60	200m:	3:33.25	54.67	300m:	5:36.18	1:00.26	400m:	7:14.01	46.28		

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

31
28.06.2013 - 13:04

, 400m

15

: FINA 2012

14 - 15

1.										98		4:38.98	667	
	50m:	28.17	28.17	150m:	1:37.79	35.59	250m:	2:53.60	40.62	350m:	4:07.64	33.27		
	100m:	1:02.20	34.03	200m:	2:12.98	35.19	300m:	3:34.37	40.77	400m:	4:38.98	31.34		
2.										98		4:44.85	627	
	50m:	29.57	29.57	150m:	1:41.31	37.96	250m:	2:59.65	41.12	350m:	4:13.51	31.97		
	100m:	1:03.35	33.78	200m:	2:18.53	37.22	300m:	3:41.54	41.89	400m:	4:44.85	31.34		
3.										98		4:47.18	612	
	50m:	28.99	28.99	150m:	1:41.47	37.97	250m:	3:00.21	42.03	350m:	4:15.10	33.06		
	100m:	1:03.50	34.51	200m:	2:18.18	36.71	300m:	3:42.04	41.83	400m:	4:47.18	32.08		
4.										99	,	"	4:57.24	552 I
	50m:	30.02	30.02	150m:	1:43.87	38.82	250m:	3:04.74	43.21	350m:	4:23.77	35.04		
	100m:	1:05.05	35.03	200m:	2:21.53	37.66	300m:	3:48.73	43.99	400m:	4:57.24	33.47		
5.										99	,		5:04.78	512 I
	50m:	31.16	31.16	150m:	1:46.88	37.88	250m:	3:09.48	44.29	350m:	4:31.16	35.80		
	100m:	1:09.00	37.84	200m:	2:25.19	38.31	300m:	3:55.36	45.88	400m:	5:04.78	33.62		
6.										98	,	"	5:06.57	503 I
	50m:	30.77	30.77	150m:	1:46.33	38.96	250m:	3:09.24	44.45	350m:	4:31.16	36.40		
	100m:	1:07.37	36.60	200m:	2:24.79	38.46	300m:	3:54.76	45.52	400m:	5:06.57	35.41		
7.										99		"	5:08.64	493 I
	50m:	30.78	30.78	150m:	1:45.12	38.01	250m:	3:10.58	48.16	350m:	4:33.15	34.79		
	100m:	1:07.11	36.33	200m:	2:22.42	37.30	300m:	3:58.36	47.78	400m:	5:08.64	35.49		
8.										98			5:17.47	453 II
	50m:	32.35	32.35	150m:	1:51.36	42.98	250m:	3:16.85	44.37	350m:	4:39.74	39.62		
	100m:	1:08.38	36.03	200m:	2:32.48	41.12	300m:	4:00.12	43.27	400m:	5:17.47	37.73		
9.										99	-	,	5:20.73	439 II
	100m:	1:08.09	1:08.09	200m:	2:27.14	1:19.05	300m:	4:03.83	1:36.69	400m:	5:20.73	1:16.90		
10.										99		"	5:31.36	398 II
	50m:	33.10	33.10	150m:	1:56.70	43.15	250m:	3:27.95	49.62	350m:	4:55.75	38.37		
	100m:	1:13.55	40.45	200m:	2:38.33	41.63	300m:	4:17.38	49.43	400m:	5:31.36	35.61		

12 - 13

1.	01						,	64			5:54.58		325	II
	50m:	37.54	37.54	150m:	2:09.15	47.10	250m:	3:46.68	50.87	350m:	5:18.03	40.11		
	100m:	1:22.05	44.51	200m:	2:55.81	46.66	300m:	4:37.92	51.24	400m:	5:54.58	36.55		
2.	01						,				5:55.91		321	III
	50m:	35.86	35.86	150m:	2:09.18	48.74	250m:	3:46.12	50.15	350m:	5:17.56	39.50		
	100m:	1:20.44	44.58	200m:	2:55.97	46.79	300m:	4:38.06	51.94	400m:	5:55.91	38.35		

" RENA - WATER INSTINCT »
, 26. - 28.6.2013

31, , 400m , 12 - 13

3.				00		-4				6:02.18	305	III
	50m:	35.77	35.77	150m:	2:06.05	44.91	250m:	3:42.14	50.64	350m:	5:20.35	42.95
	100m:	1:21.14	45.37	200m:	2:51.50	45.45	300m:	4:37.40	55.26	400m:	6:02.18	41.83
4.				01						6:09.40	287	III
	50m:	40.32	40.32	150m:	2:17.02	47.13	250m:	3:53.69	52.09	350m:	5:28.46	41.12
	100m:	1:29.89	49.57	200m:	3:01.60	44.58	300m:	4:47.34	53.65	400m:	6:09.40	40.94
5.				00						6:35.75	233	III
	50m:	38.33	38.33	150m:	2:18.68	48.30	250m:	4:06.41	57.31	350m:	5:50.48	46.62
	100m:	1:30.38	52.05	200m:	3:09.10	50.42	300m:	5:03.86	57.45	400m:	6:35.75	45.27

11

1.				02			64			6:12.61	280	III
	50m:	39.87	39.87	150m:	2:15.32	46.09	250m:	3:55.96	53.53	350m:	5:32.02	42.02
	100m:	1:29.23	49.36	200m:	3:02.43	47.11	300m:	4:50.00	54.04	400m:	6:12.61	40.59
2.				03						6:18.40	267	III
	50m:	41.59	41.59	150m:	2:18.28	46.51	250m:	4:02.23	57.61	350m:	5:38.71	41.52
	100m:	1:31.77	50.18	200m:	3:04.62	46.34	300m:	4:57.19	54.96	400m:	6:18.40	39.69
3.				02						6:19.31	265	III
	50m:	40.23	40.23	150m:	2:22.44	48.93	250m:	4:03.49	51.94	350m:	5:38.55	41.98
	100m:	1:33.51	53.28	200m:	3:11.55	49.11	300m:	4:56.57	53.08	400m:	6:19.31	40.76
4.				03		-		"	"	6:38.69	228	III
	50m:	42.94	42.94	150m:	2:25.26	49.33	250m:	4:12.56	59.62	350m:	5:57.05	44.51
	100m:	1:35.93	52.99	200m:	3:12.94	47.68	300m:	5:12.54	59.98	400m:	6:38.69	41.64
5.				02						6:39.10	228	III
	50m:	42.70	42.70	150m:	2:32.37	53.92	250m:	4:16.80	54.55	350m:	5:56.76	46.05
	100m:	1:38.45	55.75	200m:	3:22.25	49.88	300m:	5:10.71	53.91	400m:	6:39.10	42.34
6.				03				"	"	6:49.77	210	I
	100m:	1:34.15	1:34.15	200m:	3:13.53	1:39.38	300m:	5:16.15	2:02.62	400m:	6:49.77	1:33.62
7.				04						6:50.15	210	I
	50m:	45.00	45.00	150m:	2:27.44	50.23	250m:	4:19.46	1:00.50	350m:	6:07.57	45.66
	100m:	1:37.21	52.21	200m:	3:18.96	51.52	300m:	5:21.91	1:02.45	400m:	6:50.15	42.58
8.				02			/			6:51.00	208	I
	50m:	43.04	43.04	150m:	2:29.39	49.74	250m:	4:19.31	1:00.84	350m:	6:05.52	44.96
	100m:	1:39.65	56.61	200m:	3:18.47	49.08	300m:	5:20.56	1:01.25	400m:	6:51.00	45.48

DSQ

02

III